



# CONTENTS

Editorial	1
Message from the Rector	2
Message from the Principal	3
Kilalanin Ang Mga Bagong Guro ng SBCR -SHS	4-8
New Administration	9
The Future Has Already Been Laid out	10
Re-Orientation for Grade 12 Students	11
Orientation for Grade 11 Students	11
Manila: The Gathering of Champions	12
Rizal; That Trophy is Ours Again	13
Muling Halalan	14
Induction of The Student Council Officers	15
Club Recruitment, Which One Is Right For Me?	16
Emergency, Preparedness Drill	17
OPSA Inaugurates Newly Elected Student Council Officers For A.Y. 2017-2018	18
Career Navigation: Choosing The Right Path	19
HOLTS: We Rise By Lifting Others Up	20
Pagiging Lider Estudyante: Lalong Pagtibayin	21
Benedictinong Kamalayan Muling Isabuhay	22-24
Banal Na Misa Ipinagdiwang Para Kay San Benito	24
There Is No I in Team	25
BEDA-IVERSITY	26-27
Ang Makabuluhang Simula ng Buwan ng Wika	28
Sayaw sa Awit ng Musikang Filipino 2017	29
Ang Mag-aaral at ang Tagumpay	30
Pagkuha ng PPP, Isinagawa	30
Kabataan Ngayon, Tagapaglingkod ng Bayan Bukas	31
NCAA: Opens Up New Season; Anew	32
Red Cubs spoil season hosts debut game; Takes season opener	33
Dyaryologue 2017	34
In The New	35
Student Council Activities for A.Y. 2017-2018	36
DEBATE SERIES	37
Literary	38-39
Bediksyunaryo	40-41
GLIMPSES	42-43
Path of Learning: New Academic Year Senior High	44
Prayer Writing Contest	45
Comics	Back cover



## THE BEDAN ROAR

SENIOR HIGH SCHOOL PUBLICATION

SAN BEDA COLLEGE - RIZAL

A.Y. 2017 - 2018

### BOARD OF EDITORS

Editor-in-Chief	: Veronica Alyssandra C. Baluyut
Associate Editor	: Kayla Adrienne S. Tiangco
Managing Editor	: Justin Owen V. Mendoza
Features Editor	: Leandro Rafael A. Purisima
Literary Editor	: Federico R. Laciste IV

### STAFFERS

Paul Dominic Angeles	Roland Szanelle B. Bassig
Juliane Kristimari O. Butin	Lorenzo Martin D. Gonzalez
Audrey Joy R. Laciste	Corrine Anjela L. Mayo
Kenta D. Ooyama	Danielle C. Policarpio
Andrea Mae U. Tibayan	Leanne Joy C. Torres
John Matthew A. Tuazon	Lorenzo Gabriel C. Verano

### PHOTOGRAPHERS

#### OFFICER: Karlos Gabriel R. De Vera

Yshmael Jordan S. Agustin	Justine Noel R. Alcantara
Titus R. Amandoron	Arrianne Claire A. Arroyo
Miguel Ramon T. Da Costa	Gerard Manuel M. De Veyra
Nikka Lorraine L. Deloso	Alyssa D.G. Paranas
Kevin F. Puatu	Thea Lorenn V. Rabago
Celestina B. Ricafrente	Ma. Beatrice C. Salamat

### ARTISTS

#### OFFICER: Gianne Belle S. Pabrúa

Guillana Gabrielle S. Briones	Ma. Greta P. Evangelista
Aljion Mikael O. Villanueva	

### LAYOUT ARTISTS

#### OFFICER: Jerome Matthew D.T. Ramos

Paul John A. Gaytano	Daphne Mae M. Muyargas
John Kyle U. Regino	Jieno Andie G. Umali

### MODERATORS

Ms. Nicole Marie T. Abania (English)	Mrs. Maribel M. Lim (Filipino)
---	-----------------------------------

### CONSULTANTS

Mr. Carlo N. Guttierrez	Mrs. Aurora L. Limcumpao
Mrs. Teresita T. Battad	



# SOAR HIGH, SENIOR HIGH!

**M**any changes have occurred since the rise of the 21st century. The latest trends, advancements in technology, and modernization of buildings are just to name a few. Even people have evolved in acquiring the necessary knowledge and skills to adapt to the changing times. One of the major shifts in the Philippines is the implementation of the K-12 program. It would come as no surprise when people bombarded its implementation with questions on what this program is and its rationale. In a nutshell, this program has better long-term benefits compared to the cons that people see today.

On May 15, 2013, former President Benigno Aquino III approved the Republic Act No. 10533 or Enhanced Basic Education Act of 2013 best known as the K-12 program. Pursuant to this program, students will be subjected to Kindergarten and twelve years of basic education (six years of Elementary, four years of Junior High School, and two years of Senior High School) before advancing to tertiary education. This program follows the recognized standard of basic education for students and professionals around the globe. In fact, the Philippines is the last country in Asia and one in

three countries around the world with a ten-year basic education program (Angola and Djibouti are the other two).

With the full implementation of the program comes the varying response of the Filipino people. Many are in favor because it guarantees that students will have the sufficient and beneficial 21st century skills required in many fields. The two additional years of basic education for Senior High School will enable students to choose a specialized track that fits their interest and future endeavors, may it be college or the workforce. On the other hand, those who are not in favor consider the extra costs that would have been spent on college if not for the two additional years. As citizens of a third world country, majority of parents would want their children to finish their studies as soon as possible so that they can work to help the family. It is a challenge for Filipino families belonging to the lower and middle classes due to financial restraints. Fortunately, the government did not turn a blind eye to the needs of the people. They offered vouchers for the financially challenged.

In favor or not, the implementation of the K-12 program points toward the betterment of our economy as it aims to improve the quality of education in the Philippines. Students will not only be given opportunities to prepare for their desired college program, but this will also reduce the number of units that they will need to take. According to the Department of Education (DepEd), subjects taken from the basic education curriculum will be deducted in college. The K-12 program is only the beginning of the enhancement of the education system in the Philippines so that our workforce will be globally competitive to keep up with other countries.





# MESSAGE FROM THE RECTOR



A little over 1000 days ago, I took on the helm of San Beda College with a focused determination to drive the college to where the rest of world is going in pursuit of academic excellence and genuine service to the world. With the steadfast support of my

brothers in the Benedictine community and the college administrators, I am happy to report that, in the past three years, we have prepared the building blocks for the college as it faces a completely different landscape compared to what we first saw in May of 2010.

Today, we are confronted with the challenge of a revolutionized basic education system that impels us to rethink our vision for and formation of our young students.

Indeed, the relationship between our basic education program in our Rizal campus and our higher education program in Manila may have to be less than the seamless continuum that we got used to for many years.

We certainly have turned around the college in relation to its reputable standing among peer colleges and universities. The Philippine Accrediting Association of Schools, Colleges and Universities (PAASCU), in its interim visit in late 2011, gave highly positive observations on the substantive improvements and promising initiatives made by the college, particularly in the College of Arts and Sciences. San Beda College is poised to further expand its portfolio of program offerings while at the same time reinforcing its national reputation as a leading school for law, accountancy, entrepreneurship and liturgy.

In the aspect of academic reform, we have established the Academic Council as the highest policy making body on matters of quality assurance, thematic research agenda, faculty rank, tenure and promotion, and the school's long-term strategic directions. We have engendered a culture of accountability of academic departments and the service support units through requisite submissions of three-year action plans and regular, semestral accomplishments reports.

By expanding the portfolio of professorial chairs as well as grants for research, scholarship, travels for international and national conferences, and dissertation writing, we have bolstered research life among our faculty. The past three years have seen stepped-up engagements in research and academic conferences by faculty and students.

In good times and bad, especially those brought about by natural calamities, we have reached out to our less fortunate brethren, their families and communities, by mobilizing our students and faculty through our community involvement and outreach programs. Amidst unexpected turmoil, sadness and tragedy that rocked student life, we have remained united and steadfast in our total respect for life and value for peace by nurturing a genuine community for our students and educating them about the unnecessary risks brought about by inductions to fraternities.

Overall, while abiding to our time-honoured commitments to academic excellence, research, service to the community, and engagement with the world, we have tried to remain true to San Beda College's hallmarks of Benedictine education.

My administrators and I have built on its gains and strengths, corrected its weaknesses, explored opportunities, and ensured a firm grip on its journey to growth and transformation. And as we look back at our accomplishments for the past three years, I welcome you to the threshold of a new and stronger San Beda College.

**Rev. Fr. Aloysius Ma. A. Maranan, OSB**  
Rector-President



# MESSAGE FROM THE PRINCIPAL



Peace!

It is with immense joy that I welcome you all for Academic Year 2017-2018. We praise the Almighty God for bringing us together as one Bedan family in the Integrated Basic Education Department, San Beda College Rizal. I share with you the feelings of excitement, joy, and pride to put into life the Catholic Benedictine education and spirituality.

The new school year is full of surprises, challenges and opportunities especially with the Senior High School. We push together our dream towards academic excellence and the integral Christian formation of the different sectors of the school community.

We set our gaze toward one direction to see the fulfillment of the IBED major tasks this academic year:

- A. the intensive character formation among the different sectors of the school community aligned with the school's vision-mission, goals and objectives
- B. the continuous implementation of the K to 12 Program and the preparation of the first graduates of Grade 12
- C. the continuous alignment of the academic and co-curricular programs and activities with the school's vision-mission and goals and with the AY 2017-2018 theme: Servant Leadership and Governance.
- D. the greater involvement of the IBED Community in extension services.
- E. the strengthening of the research culture among the students, faculty, and administrators.


We hope and pray for the realization of these tasks as we strive to become fully human, wholly Christian, truly Filipino, and globally competitive through the well integrated curricular and co-curricular programs and activities.

We stretch forth our arms to the greater fold of the department. I ask therefore everyone to be a role model, a source of inspiration, and a driving force so that the goal of the IBED will be attained.

To the students who were with us last year, welcome back to your second home. To the new students, thank you for choosing San Beda College Rizal as your second home.

Once again, my best wishes to all as we usher in the first full school year of the "Year of the Parish".

That in all things, God may be glorified.

  
**Teresita T. Battad**  
Principal



# KAPAMILYA O KAPUSO, ALINMAN SA DALAWA, TIYAK NA KAPANALIG SILA: KILALANIN ANG MGA BAGONG GURO NG SBCR-SHS

Nina: Juliane Kristimari O. Butin; Andrea Mae U. Tibayan; Veronica Alyssandra C. Baluyut; at Justin Owen V. Mendoza

## THEOLOGY AND SOCIAL SCIENCES



### MATTHEW CHRISTIAN ROBERT R. DOMING "Sir Doming"

Asignaturang Itinuturo: Philosophy

Pamantasan: Saint Louis University – Baguio City

Kurso: Bachelor of Arts in Philosophy and Interdisciplinary Studies

Payo sa mga Bedista: Just follow what God wants you to do and fulfill your purpose by listening to the voice of your heart. Make sure that in everything you do, God may be glorified.



### ALVIN L. JACOB III "Sir Jacob"

Asignaturang Itinuturo: Personal Development

Pamantasan: Our Lady of Fatima University – Antipolo City

Kurso: Bachelor of Science in Psychology

Payo sa mga Bedista: If you are faced with struggles and difficulties in your life, always remember that there is a figment of hope hiding within you. Hold on and keep believing in yourself.



### CID B. PECKLEY "Sir Cid"

Asignaturang Itinuturo: Personal Development and Philosophy

Pamantasan: Saint Louis University – Baguio City

Kurso: Bachelor of Arts in Philosophy and Interdisciplinary Studies

Payo sa mga Bedista: There is a path that God has created for you. You have the decision to follow the signs and reach your place to where God wants you to be.



### SHAIRA MAREE P. BAUTISTA "Miss Bautista"

Asignaturang Itinuturo: Social Science

Pamantasan: Philippine Normal University – Manila

Kurso: Bachelor in Secondary Education Major in History

Payo sa mga Bedista: Students, grades will not measure who you are, they will not define who you are and as quoted from Mr. Genesis Auza, from now on, "Stop cheating, pursue to become learned." And as part of my house rules, always think before you speak and say what you mean and mean what you say.





### **ROMMEL Z. CRUZ “Sir Rommel”**

Asignaturang Itinuturo: Theology

Pamantasan: San Carlos Seminary – Makati City

Kurso: Bachelor of Arts Major in Philosophy

Payo sa mga Bedista: Do your best and God will do the rest.

## **NATURAL SCIENCES**



### **HAZEL GRACE G. SALMON “Miss Salmon”**

Asignaturang Itinuturo: Earth Science

Pamantasan: University of Santo Tomas – Manila

Kurso: Bachelor of Secondary Education Major in Biological Sciences

Payo sa mga Bedista: To my students, even if the generation today may require you the easiest way to get the things you want, there is one that you can't get in an instant. That would be SUCCESS. One author says that "Success requires hard work, effort, perseverance, studying, learning, and sacrificing." Today, you might be sacrificing your time just to finish those required tasks, doing your outmost effort just to pass your projects ahead of time and with quality, but remember that the fruit of the hard work is the sweetest. Lastly, a success will not be really a success if you don't have passion to what you are doing. Ask the guidance of the Lord so that He may lead you to the right path of life.



### **TZODOQ O. MAGBANUA “Sir Magbanua”**

Asignaturang Itinuturo: Biology

Pamantasan: Philippine Normal University – Manila

Kurso: Bachelor of Science in Biology for Teachers

Payo sa mga Bedista: Students should learn to enjoy what they're doing. They should not just study hard. They should also study wisely.



### **NORA MAE C. GAREZA “Miss Mae”**

Asignaturang Itinuturo: Physics

Pamantasan: University of the Philippines & UP Graduate School – Quezon City

Kurso: BS Food Technology & MA Physics Education (respectively)

Payo sa mga Bedista: Always aim higher than you think you can achieve and never give up on your dreams.





### **MARIA VALERI M. DANIELA "Miss Daniela"**

Asignaturang Itinuturo: Chemistry

Pamantasan: Philippine Normal University & National Teachers College - Manila

Kurso: Bachelor of Secondary Education Major in Physical Science & MA in Science Education

Payo sa mga Bedista: As a new member of the Senior High School faculty and as an adviser, she isn't that expressive or showy but she will always be there for us and be proud of our achievements. She will be there to support you and push you to do your best.



### **RECHEL F. LOYOLA "Miss Loyola"**

Asignaturang Itinuturo: Earth and Life Science

Pamantasan: Centro Escolar University & National Teacher's College - Manila

Kurso: Bachelor of Science in Nursing & Teaching Certificate Units

Payo sa mga Bedista: Some of you might experience the same difficulties as I had. Dilemma towards another profession or track is brought by peer pressure perhaps. Maybe something has kept you from where you are right now. Don't be afraid of challenges. Don't be afraid of long hauls. You would rather do something that will make you feel worthy than do something that is against your will. In the end, it is not how rich or famous you are, but it is how you served as an inspiration to many.

## ***MATHEMATICS***



### **MARIE THERESE B. ROBLES "Miss Robles"**

Asignaturang Itinuturo: General Mathematics and Business Mathematics

Pamantasan: University of Santo Tomas - Manila

Kurso: Bachelor of Secondary Education, Major in Mathematics

Payo sa mga Bedista: We think that we are made up of numbers; percentage on tests, pounds on a scale, likes on a photo, price tags on clothes. But we are not. We are made of love and happiness. We're made of good memories and late nights and past curfews. We have more substance than numbers.



### **REINA MARIAN M. RIVERA "Miss Rivera"**

Asignaturang Itinuturo: General Mathematics and Business Mathematics

Pamantasan: Cainta Catholic College

Kurso: Bachelor of Secondary Education, Major in Mathematics

Payo sa mga Bedista: Learn the basics of things before wanting the end results. How will you learn or achieve the end results if you don't start from the basics? Paano tayo matututo kung hindi natin babalikan ang ating pinanggalingan?



# ***BUSINESS TECHNOLOGY AND P.E.***



## **ZACHI JIN S. CRUZ “Sir Zachi”**

Asignaturang Itinuturo: Empowerment Technologies (E-Tech)

Pamantasan: San Beda College - Manila

Kurso: Bachelor of Science in Information and Communications Technology

Payo sa mga Bedista: Don't forget to smile! See you around!



## **RAMIL PAOLO B. SALAMAT “Sir Salamat”**

Asignaturang Itinuturo: Accounting 2 and Marketing

Pamantasan: Centro Escolar University - Manila

Kurso: Bachelor of Science in Business Administration Major in Marketing Management

Payo sa mga Bedista: Education is a lifelong journey. You plant seeds today, you harvest the fruits of your labor tomorrow.

# ***ENGLISH AND FILIPINO***



## **CHRISTIAN REY B. VELOSO “Sir Veloso”**

Asignaturang Itinuturo: 21st Century Literature

Pamantasan: Philippine Normal University - Manila

Kurso: Bachelor of Secondary Education, Major in English

Payo sa mga Bedista: First, live life everyday knowing you might never get another one tomorrow. Second, kaya mo 'yan. Finally, be kind always.



## **ERICSON S. CAPARAS “Sir Caparas”**

Asignaturang Itinuturo: Practical Research

Pamantasan: Pamantasan ng Cabuyao - Laguna

Kurso: Bachelor of Secondary Education Major in English

Payo sa mga Bedista: Don't stop dreaming and keep on moving, aim high to achieve your goals in life. Your future is in your hands. Direct yourself to be transformed into a better version of yourself for you to be a successful person like us teachers. Make new good habits and change the old, bad ones; and most importantly, don't forget to be thankful to the almighty God for He is with you and willing to help us all in every step we take in life.



## **MARVIN O. VALLER “Sir Marvin”**

Asignaturang Itinuturo: English for Academic and Professional Purposes (EAPP)

Pamantasan: Academy of Computer Experts - Masbate City & Rizal

Technological University - Mandaluyong City

Kurso: 2 Year Computer Study, Major in Information and Technology and Bachelor of Secondary Education, Major in English

Payo sa mga Bedista: Be at your best, but don't try to prove it.



### **PATRICIA MAE G. URBIEN "Miss Urbien"**

Asignaturang Itinuturo: Oral Communication

Pamantasan: Centro Escolar University – Manila

Kurso: Bachelor of Science and Arts in Secondary Education, Major in English

Payo sa mga Bedista: Regardless of your journey, what you have done or what you have yet to do, there must be no time for regret. So go after what you want, be excited to uncertainties. It is hard, but keep in mind that it will be worth it. Go, BEDANS!



### **MYLAH ISSA MAY D. MANANSALA "Bb. Manansala"**

Asignaturang Itinuturo: Komunikasyon at Pananaliksik sa Wika at Kulturang Pilipino

Pamantasan: Pamantasang Normal ng Pilipinas – Manila

Kurso: Batsilyer sa Pansekondaryang Edukasyon, Medyor sa Filipino

Payo sa mga Bedista: Lagi't laging maniwala at magtiwala sa sarili. Ang ikauunlad mo'y nakasalalay sa sarili mong mga kamay. Ipagpatuloy ang nasimulang pagkatuto sa loob at labas ng akademya.



### **MARY JHEALYN VILLENA "Miss Jhea"**

Asignaturang Itinuturo: Practical Research

Pamantasan: University of the Philippines-Diliman – Quezon City

Kurso: Bachelor of Arts in Sociology

Payo sa mga Bedista: Study every day, learn from yesterday, dream for tomorrow and smile today.



### **NICOLE MARIE T. ABANIA "Miss Abania"**

Asignaturang Itinuturo: Oral Communication

Pamantasan: Centro Escolar University – Manilla

Kurso: Bachelor's Degree in Mass Communication Major in Journalism

Payo sa mga Bedista: Carpe Diem. Seize the day. Don't be too much in a hurry growing up. Focus on your education now. Grades will never define who you are but what you learn, what you take out from this school will.



### **JANUALYN THEA P. SUBA "Bb. Suba"**

Asignaturang Itinuturo: Filipino sa Piling Larang

Pamantasan: Pamantasang Normal ng Pilipinas – Manila

Kurso: Batsilyer sa Pansekondaryang Edukasyon, Medyor sa Filipino

Payo sa mga Bedista: Mangarap, magsumikap, maniwala at magtiwala dahil higit kanino man, ikaw ang nakakikilala sa iyong sariling kakayahan. Pagpalain!



---

# SAN BEDA IBED

---

## SENIOR HIGH SCHOOL RIZAL ADMINISTRATORS



**Fr. Aloysius Ma. A. Maranan, OSB**  
Rector-President



**Fr. Paul Ma. M. De Vera, OSB**  
Chaplain, IBED/ Vice Rector



**Rev. Fr. Austin P. Cadiz, OSB**  
Prior Administrator - Chancellor



**Teresita T. Battad**  
Principal, IBED



**Aurora L. Limcumpao**  
Vice Principal/ Prefect of  
Academic Affairs



**Cristann Victor S. Taruc**  
Administrative Officer, IBED



**Gloria M. Melendres**  
Head, Learning Resource Center



**Benjamin P. Coloma III**  
Head, Guidance and  
Admissions Office, IBED



**Rosalina M. Ayonon**  
Coordinator,  
Social Action Program



**Maria Imelda M. Yusores**  
Coordinator, Theology &  
Social Science



**Rosalina Namnama D. Cabrito**  
Coordinator, Communications  
and Research Area



**Dahlia R. Cabalquinto**  
Coordinator, Business  
Technology and PE



**Mercedita A. Manzano**  
Coordinator, Mathematics  
Area



**Ma. Cecil F. Estolano**  
Coordinator, Science Area



**Carlo N. Gutierrez**  
Prefect of Student Affairs



**Ronel Lenard T. Antonio**  
Assistant Prefect of  
Student Affairs



**Michelle D. Gamatero**  
Assistant Prefect of Student  
Activities



# THE BEDAN TODAY



SMART  
SPECIFIC MEASURABLE ATTAINABLE REALISTIC TIMEBOUND



## THE FUTURE HAS ALREADY BEEN LAID OUT

By: Kayla Adrienne S. Tiangco

**A** writer, before anything else, creates an outline of how he or she would want the output to look. There are many types to choose from. It could be alphanumeric, decimal or simply just spilled words on a white canvas. Whatever style is used, its purpose is clear: to plan. Planning is not only used in writing, but in many aspects of life, politics, and governance for short and long term goals.

For San Beda, the administrators and representatives from the different sectors of the community came together last August 30, 2017 to officially launch the SMART (Specific, Measurable, Attainable, Realistic and Timebound) Development Plan which will be effective from 2017 to 2022, as well as the new concept of The Bedan Today, at the Pamanang Bedista in San Beda Manila from 8:30 a.m. to 12 n.n.

After registration, the Administrators Council had a business meeting which lasted until 10 in the morning. All invited

guests gathered at the said venue. Besides the administrators, those present were parents, faculty, non-teaching personnel, and students from various departments and school publications. The second part of the program commenced with an opening prayer led by Mrs. Rose P. Robles, the singing of the Philippine National Anthem, and the recitation of the Vision-Mission by Mr. Anton C. Flores.

The Rector-President, Rev. Fr. Aloysius Ma. A. Maranan, OSB, took the stage and conveyed his heartfelt message for what San Beda has become and what it will become. Each of us present in the event was given the privilege to keep a copy of the future of the institution. Dr. Nomar M. Alviar then gave an overview of the strategic areas and milestones that the five years will cover. The video presentation gave the audience a gist of what is bound to take place.

The program proceeded with the launching of the new concept of The Bedan

Today. To catch the attention and curiosity of those waiting anxiously, another video presentation was played. Once again, Rev. Fr. Aloysius Ma. A. Maranan, OSB gave another message and invited the Editors-in-Chief for unveiling of the cover page. A round of applause filled the room as a symbol for the appreciation for their hardwork and sacrifices.

Before being treated to a simple lunch, the program would be incomplete without the signatures of those present who witnessed the changes that are to come in a few years. One by one, each row was invited forward to sign on an enlarged version of the SMART Development Plan cover page. The singing of the Bedan Hymn officially ended the launching. However, those present would look back after five years once the fruits of those behind the successful plan have ripened.





# RE-ORIENTATION FOR GRADE 12 STUDENTS

By: Danielle C. Policarpio

With the start of another school year, students are excited to meet their new classmates and catch up with close friends. However, there are some things that we always need to be reminded of. Our emotions tend to get the best of us and we end up forgetting the rules. With this in mind, a re-orientation was held last June in the Jarrow Hall for the Grade 12 students, both old and new students.

The program started with a delightful greeting from Mary Baligod and Lorenzo Verano, the Masters of Ceremony for the said event which was followed by the opening prayer and the singing of the National Anthem. To officially welcome the Grade 12 students, Mrs. Teresita T. Battad, the IBED Principal, gave an invigorating speech which inspired them to do their best in their senior year. Accompanied by a presentation, Sir Ronel Lenard T. Antonio then took

the stage to refresh the students' knowledge on the rules and policies of the school. From the proper uniforms to the grades, he clearly discussed the different guidelines stated in the Student Manual.

Program nearing its end, two creative audio-visual presentations were shown to the audience. The first welcomed the new school year by showing scenarios of students on their first day of classes while the second enticed the students to run for a position in the Student Council. To further motivate the graduating students to give their all, graduation march music was played on the stereos, giving them the true feeling of another milestone they are yet to experience in their lives.

With the aid of the re-orientation, students became aware of the dos and don'ts within the school premises.

# ORIENTATION FOR GRADE 11 STUDENTS

By: Leanne Joy C. Torres

Life is full of new events. This newfangled events includes the first day of school wherein each one of us will be greeted by a new atmosphere, new friends, new lessons and a new chapter written in the book of our life. The first day of school is arguably the most important day of the year. But when it's your first day of high school too, the stakes are a little higher. You obsess over your first day shopping, stress about your classes, and some may even get lost on their way to class. By senior year, you already know the drill and while there's still the inevitable back-to-school butterflies, you've got a more laid-back approach to the first day of school. Indeed, the first day of school wouldn't be complete without an orientation. The start of a fresh school year is not complete without elaborating the rules and regulations and without welcoming the dawn of the new cubs.

The orientation happened and was held at the Jarrow Hall. It is noticeable that the students differ in terms of their mood. You can see some faces who look nervous and uneasy while some of them look buoyant and delighted for the start of the upcoming school year. During this time, transferees are dominating the senior high school department, so it could be seen

that there are a lot of new faces for this school year. The program started with a prayer, followed by our National Anthem and of course a magnanimous speech by our beloved principal, Mrs. Teresita Battad. As the orientation begun, it served as an eye opener to all the students of San Beda College - Rizal. This is an essential part of a school year and the first step to take before embracing the responsibilities. The orientation had three objectives; 1) introduce the school and its rules; 2) acclimate students to their new surroundings; and 3) provide an opportunity for the campus to meet the newest members of its community. It also gives a glimpse of the school. Through this, becoming familiar with the physical campus and the school culture will make it easier to understand what lies ahead.

Hope that the first day of class is both mesmerizing and informative. We, Senior High School students, should be well educated of the school premises because we will serve as the campus role model. We must be good influences to others. Let's not waste every single moment of this school year. Paint it with vibrant colors and soon it will be posted as a great work of art.





# The Gathering of CHAMPIONS

By: Veronica Alyssandra C. Baluyut

To welcome another NCAA season, San Beda Manila celebrated its annual Pep Rally on July 5, 2017, Wednesday. The ground was filled with great enthusiasm and energy as the Bedan community wholeheartedly showed their support to all Bedan athletes. Neither the scorching July sun nor the sudden downpour hindered the students from making the most out of the celebration, as seen in their performances and heard in their cheers with undeniable fervor.

The program was organized by the College of Arts and Sciences in cooperation with San Beda Manila's Senior High School Student Council. It started at 2:30 PM with the lining up of Senior High School students at the SB-M driveway, followed by the opening prayer, singing of the national anthem, and reciting of the school's vision-mission statement. With hosts Nico Ponce and Jessa Mae Luna together with Courtside Reporters Luigi Tecson and Janna Saturno, random students were asked about the importance of Pep Rally. Their answers in a nutshell, to encourage school spirit and to support members of the team as they conquer this year's 93rd season of the NCAA.

Dr. Christian Bryan S. Bustamante, Dean of the College of Arts and

Sciences, gave his introductory speech to formally open the event. He pointed out the reason on why we gather for the Pep Rally -to show support to all Bedan athletes so that they may be motivated and inspired in another quest for victory. "Go San Beda Fight" were his leaving message. The floor was then given to the Courtside Reporters who asked random students for the names of their favorite athletes. Girls were screaming in excitement but it did not end there. A showdown took place when representatives from each strand showcased their talent as they danced to the Indian Yell.

Sponsors of the event included Rad Republic, NLighten, Blenders by Tapsibar and many more. There was also free taho located near the school's entrance gate. At around 4 PM, San Beda Red Corps graced the school grounds with battle cheers, songs, and chants that ignited the Bedan spirit through the years. Accompanied by the SBC Band, the hearts of those present burned with passion as they cheered. This was followed by an intense dance number from SB-M dance club "Vasileia" who set the heat higher proving that they reign, conquer, and glorify.

After all those performances and cheers, we boil down to the main event - the entrance of the athletes. Each

team was introduced, starting with our very own Red Cubs spearheaded by their team captain Sam Abu Hijleh and ending with the Red Lions, who has had 9 championships in the last 11 seasons. A game called Trip to Jerusalem with a Twist was hosted wherein 5 volunteer-students and 5 student-athletes participated. The romantic excitement among the crowd and the competitiveness of those involved made the game exhilarating. In the end, 2 volunteer-students who both had a strong desire to win were declared winners and were given prizes.

Each team was then called on stage for the awarding of Benedictine medals, a symbol of blessing for the upcoming NCAA and other sporting events. An unexpected rainshower forced the students to transfer to the gymnasium. It wasn't until 6 PM that everyone gathered in front of St. Benedict's Hall for the closing of the program. Nevertheless, nothing stopped the Bedans from roaring. Amidst the rain, around the bonfire, the whole Bedan community sang the Bedan Hymn with honor and pride.

Twenty five different teams, one common goal. They triumphantly raise the Red and White banner.





*That Trophy  
is Ours*

By: Kayla Adrienne S. Tiangco

...AGAIN

*San Beda*  
GO GO GO  
*San Beda*  
RAH RAH RAH  
*Go Rah*  
SAN SAN  
BEDA BEDA  
SAN BEDA  
*It's Boom*  
*Bah!*

Athletes. Another source of pride for the Bedan community. As July 4, 2017 came around the corner, hallways and corridors were filled with colorful posters and tarpaulins for the different athletes from different sports. This was in preparation for the pep rally that took place later that day from 1:30 to 3:30 in the afternoon at the St. Bede's Courtyard. The said event was organized for the send-off of athletes from Manila and Rizal in the 93rd season of the NCAA and other sporting events.

Once the students and faculty from different departments have gathered at the venue, Sir Julius Gerona from the JHS Unit, accompanied by the school band, led the cheers and yells that one true Bedan has familiarized and lived with. Every student gave their all as they screamed at the top of their lungs, sacrificing their voices even if it meant losing them the next day. The program formally started with a prayer and the singing of the national anthem.

With Sir Daniel A. De Guzman and Ms. Samantha Chrychelle O. Remo from the Filipino and English Department respectively as the Masters of Ceremonies, they invited the different teams to parade down

the center isle as each member gets called. The Emcees asked the team captain a series of questions which was answered wholeheartedly wherein some even relayed their experiences. Before leaving the spotlight, the teams hyped up the audience with their game faces, varying from dance moves to crossed arms matched with a fierce stare. This went on starting from the first team, which was the Red Spikers, up to the last, the Red Cubs.

This was followed by a message from Samuel Abu Hijleh, the team captain of the Red Cubs. Of course, Mrs. Remedios I. Pamo - Vice Principal of the JHS IBED did not fail to give her inspiring speech to the athletes who have sacrificed so much to make the school proud. They have left the comforts of their homes and parents for the sake of their future in whatever field they may choose. Different walks of life have come together as a team to once again defend their titles, or bring back the trophy to what was once ours.

The program ended with a closing prayer and the singing of the Bedan Hymn. As the students filed back to their respective classrooms, the flames in their heart continued to burn on. Let us hope for the undending support from each of us as the season goes on.

# Muling Halalan

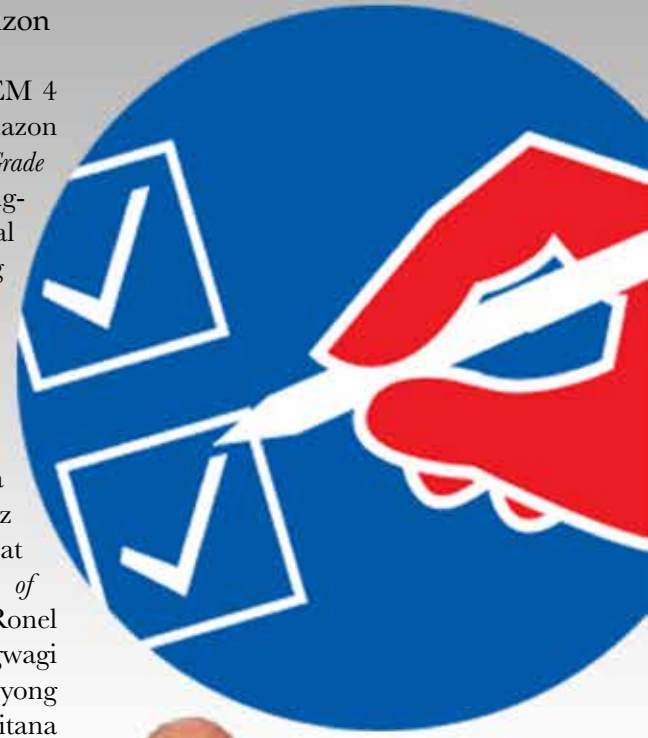
Ni: John Matthew A. Tuazon

Sa pagbubukas ng Akademikong Taong 2017-2018 at bago pa man dumating ang ikalawang batch ng Baitang 11 sa *Senior High School Unit*, naisagawa na ang pangkalahatang pagpili sa mga opisyal ng *Student Council*. Sa pagbubukas ng akademikong taon, naiwang bakante o walang nanalo sa posisyon na *Internal Vice-President*, *Auditor*, at *Grade 11 Batch Representative* kaya naman nagkaroon muli ng eleksyon para sa mga nasabing posisyon.

Muling nangampanya ang mga kandidatong nais makamit ang posisyon. Tumakbo para sa posisyong *Internal Vice-President* sina Karlos De Vera ng 12-STEM 2 at Lorenzo Verano ng 12-HUMSS; kandidato rin sina Sherill Japitana ng 12-HUMSS

at Hugh Andrei Sasil ng 11-STEM 4 sa posisyong *Auditor*; at si JM Tuazon ng 11-HUMSS sa posisyong *Grade 11 Batch Representative*. Binigyang-kalayaan ang mga mag-aaral na mag-abstain kung walang mapili. Matapos ang pagboto na ginanap sa Macbook Laboratory (Mac Lab) ng paaralan, ang resulta ay agad ding binilang at inaprubahan ng *Commission on Elections* (COMELEC) sa pamumuno ni Anne Mariz Juntarciego ng 12-STEM 1 at sa paggabay ng *Assistant Prefect of Student Discipline* (APSA) na si G. Ronel Lenard T. Antonio. Ang mga nagwagi ay sina; Lorenzo Verano sa posisyong *Internal Vice-President*; Sherill Japitana sa posisyong *Auditor*, at JM Tuazon sa posisyong *Grade 11 Batch Representative*.

Ang pagboto ng mga mag-aaral sa Baitang 11 & 12 ay simbolo ng pagkakaisa kung sino ang nararapat na pinunong mag-aaral ngayong akademikong taon. Ngayong kumpleto na ang hanay nila sa *Office of the Student Council*, inaasahang mas produktibo, maunlad, at hindi malilimutan ang taong ito.



## PAGBATI SA MGA NAGSIPAGWAGI!!







# Induction of the Student Council Officers

By: Leandro Rafael A. Purisima

July 5, 2017, Wednesday - The Induction of Officers of the Student Council of the Senior High School of San Beda Rizal was held within the four corners of the Jarrow Hall. All of San Beda Rizal Senior High School students, faculty, staff, and a handful of campus administrators gathered in the said venue to witness the officers of the council take their oath of service and join them as they officially begin their administration and leadership over the Senior High School student body for Academic Year 2017-2018.

The program kickstarted with Ms. Aldrienne Joy Leonardo, the External Vice President giving her opening remarks, in place of Mr. Lorenzo Verano, the newly elected Internal Vice President.



Afterwards, Mr. Ronel Lenard Antonio, Assistant Prefect of Student Affairs, took the attention of all as he presented the roster of student council officers. Starting off from the Council's President- Adriano Perez III, Internal Vice President-

Lorenzo Verano, External Vice President- Aldrienne Joy Leonardo, Secretary General- Mary Baligod, Assistant Secretary General- Inah Jornacion, the Council's Treasurer- Angelo Canaveral, Auditor- Sherill Japitana, PRO-Princess Alcazar and Grade 11 Batch Representative- John Matthew Tuazon and Grade 12 Batch Representative-Andre Reyes.

Mr. Ronel Antonio also presented the artifacts to be given to the council officers. There was the sash that corresponds to each of the members' position in the council, the medallion of Saint Benedict, and the Bulletin of Information that contains all the school's rules and regulations.

Afterwards, Ms. Anne Juntarciego, Chair of the Commission on Election (COMELEC) of the Senior High School Department, led the council officers as they took their pledge of commitment, a sign of their oath of promise to serve and fulfill their duties as leaders.

For the turnover of donations, Mr. Angelo Cañaveral, the council's treasurer, took the podium and gave his remarks.

"The needs of our Senior High School students have long been problems needed to be solved. And many attempts at the resolution of such problems have already happened.", Mr. Cañaveral said.



Mr. Cañaveral also noted that before the council had officially started their administration, they already donated 40 bidets and 10 handheld radios in coordination with Mr. Carlo Gutierrez, Prefect of Student Affairs, in the hopes that these donations will be of great help to the student body in line with the council's objectives as a community.

"We are more than joyous that we can further strengthen our bond with the advocates whom we serve with the help of the administrators and staff.", Mr. Cañaveral said.

Before the program ended, Mr. Adriano Perez, President of the Student Council, gave his closing remarks to the student body. He humbly asked for everybody's cooperation to work together in the accomplishment of the council's goals and to make this academic year as fruitful as possible.





# CLUB RECRUITMENT

## WHICH ONE IS RIGHT FOR ME?

By: Danielle C. Policarpio

Many factors determine how we chose our clubs. Some might be influenced by their peers, some prioritize their future, or some were just intrigued by the activities that a particular organization can offer. Whatever the reason may be, it is no lie that this can serve as a catalyst for realizing what we are passionate about in life.

For this Academic Year 2017 – 2018, there are definitely a number of different co – curricular and interest clubs that a Bedan can join. First off would be the Co – Curricular Clubs. For students who belong in either the STEM or ABM Strand, there are several clubs that are exclusive for them:

### STEM

- Math Afficionados
- Math for Life Society (MFLS)
- Elite Math Circle (EMC)
- Science 117
- Integrated Organization of the Natural Sciences (IONS)
- Bedan Association for Microbiology (BAM)

### ABM

- SBC Teenpreneurs
- SBC Young Accountants

### ALL STRANDS

- KATAFIL: Kalinangan sa Talastasang Filipino
- SBC – SHS Debating Society
- Bedan Computers Society
- Legio Verbum Society
- Bedan Environmental Philosophers Organization
- Psychology Society of San Beda
- Math Afficionados San Beda Junior Red Corps
- SBC SHS Folk Dance Club
- SBC SHS Red Cross Youth Society
- Cullig and Crafts Club
- Peer Facilitators Club
- High School Band

As the famous saying goes, “All work and no play makes Jack a dull boy”. Hence, students should be able to maintain the balance between school work and recreation. Those mentioned in the list below provide us the opportunity to exercise and improve our hobbies and talents. The different interest clubs offer a wide array of selections.

- SHS Pastoral Council
- San Beda Junior Red Corps
- Red Click Productions
- Bedan Theatre Guild
- SBC SHS Folk Dance Troupe
- Makatang Bedista
- Redz – in – Beat
- Coloratura
- SBC SHS Senior Red Cross Youth Society Council (SHS- SRCY)
- Callig and Crafts (CCC)
- Peer Facilitators
- SBC College Band
- Bedan Harmony



# EMERGENCY PREPAREDNESS DRILL

By: Corrine Anjela L. Mayo  
and Kenta D. Ooyama



August 9 of 2017, Wednesday - the emergency preparedness drill occurred at approximately 9:00 in the morning. Prior to the event, the students were oriented to bring the needed emergency items. They were also provided with a pamphlet containing the guidelines to follow when an earthquake strikes. The students were oblivious of the exact time the drill would take place so as to simulate a first-hand experience since earthquakes might strike any time.

As soon as the sirens went off, the student body of San Beda Rizal immediately executed the “Duck, Cover, and Hold” position. Once the sirens ceased, the students grabbed their individual emergency kits located behind or below their seats in the classroom and proceeded outside through the assigned route in an orderly manner. With the instructions given by Sir Ronel Lenard T. Antonio, Assistant Prefect of Student Affairs Discipline, and with the help of the Marshals Organization, the Senior High School students, along with the Junior High School and Grade School students, immediately brisk walked their way into the evacuation area, specifically the football field, while maintaining order and observing the blockings assigned for each section.



The Senior High School students were then given vital information regarding the evacuation plan and behavior that would be expected from the students when a catastrophe strikes.

The students filed their way back to their classrooms and the teachers resumed their activities or lessons accordingly. By the end of the day, the student body of San Beda Rizal was able to achieve the targeted time taken of evacuating the building which, in an actual earthquake, would draw the line between danger and safety. In line with this, the students were able to individually provide an “Emergency Kit” and complete an “Emergency Information Card” which would go along with the student’s ID so as to provide a rescuer vital information in case an untoward incident would occur.

The school has gone a long way to prepare the students in times of natural calamities. We will never know when they may occur so it is at our best interest to be prepared despite the circumstances. Certainly, the students were able to grasp the importance of properly executing the emergency preparedness drill. The activity was conducted successfully and the student body gave their full attention and cooperation in ensuring that the activity would not go to waste. May the students comprehend what they have learned during the activity and apply it in real-life situations if the need arises.







# OPSA INAUGURATES NEWLY ELECTED STUDENT COUNCIL OFFICERS FOR A.Y. 2017 – 2018

By: Andrea Mae U. Tibayan

Last July 5, 2017, the Office of the Prefect of Student Affairs gathered the whole Senior High School student body at the Jarrow Hall for the official inauguration of the newly elected Student Council officers for Academic Year 2017 – 2018. Spearheaded by the Commission on Elections chairperson, Anne Mariz Juntarciego, the following students were inaugurated for their respective positions:

**PRESIDENT:** Adriano M. Perez III of 12 - STEM 1

**EXTERNAL VICE PRESIDENT:** Aldrienne Joy M. Leonardo of 12 - HUMSS

**INTERNAL VICE PRESIDENT:** Lorenzo Gabriel C. Verano of 12 - HUMSS

**SECRETARY-GENERAL:** Inah Marie D.G. Jornacion of 12 - ABM 3

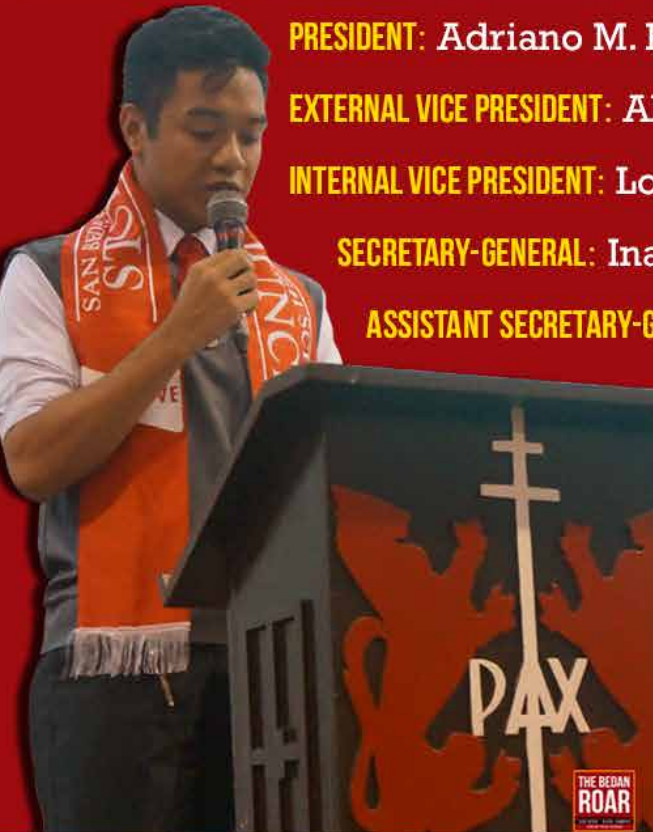
**ASSISTANT SECRETARY-GENERAL:** Mary Lournette S. Baligod of 12-HUMSS

**PUBLIC RELATIONS OFFICER:** Princess May P. Alcazar  
of 12 - ABM 2

**GRADE 12 BATCH REPRESENTATIVE:** Andre Luis M. Reyes  
of 12 - ABM 2

**GRADE 11 BATCH REPRESENTATIVE:** John Matthew M. Tuazon  
of 11 - HUMSS

**SPORTS REPRESENTATIVE:** Samuel F. Abu Hijleh  
of 12 - ABM 3



Each student was officially inducted onstage by draping the medals of St. Benedict as a symbol of guidance for the Student Council. The Pledge of Commitment was recited afterwards by all student leaders as a promise of their honest service and good leadership.

The Student Council president, Adriano M. Perez III, capped off the program with a closing speech and thanked the student body for their votes and emphasized on working hand-in-hand with the whole Senior High School community in achieving a fruitful academic year ahead.



# CAREER NAVIGATION: CHOOSING THE RIGHT PATH

By: John Matthew P. Tuazon & Roland Szanelle B. Bassig

You spend a huge chunk of your life in school. Elders themselves echo to us that half of your life is spent on your job. You either end up in the path of self-actualization, or live a mundane life. You either get it right, or you don't.

The Grade 10 sectioning in the Junior High School Department was quite similar to that in Senior High. "Pre-Law", "Pre-Med", "Pre-Engineering" and "Pre-Business" used to define our aspirations for the future. However, the "pre" in those are scratched since seriousness in career streaming is the game in Senior High School.

Last July 21, 2017 at the Jarrow Hall, a seminar organized by the Guidance Services was held that caters to the dubious minds of the new batch of Grade 11 students. It focused on college programs and the extent of their careers. The invited speaker was Atty. Manuel Jatayna, a guidance NGO member.

In the Senior High School department, students are sectioned based on their chosen strand which will hopefully help them in their future careers. There are pursuers of jobs under business and industry in the Accountancy, Business and Management (ABM) strand. Those who want to be doctors, engineers, IT professionals and the like are in the Science, Technology, Engineering, and Mathematics (STEM) strand. Future lawyers, political analysts, psychologists and professions in the field of social sciences are housed in the Humanities and Social Sciences (HUMSS) Strand. Those who are yet to decide on what specific field to take are in the General Academics Strand (GAS). Preparedness shouldn't be an understated value. Hence, along with the many career assistance programs the Guidance Office can



offer, the seminar aimed to give clarity to students who are still uncertain with their strand or their college program.

The talk provided by Mr. Jatayna was entertaining and educational. His PowerPoint and visual arts caught the students' interests while the talk and presentation were full of substance. After the talk, an open mic/forum invited students to line up and ask questions that were not discussed in the seminar. Different students from different strands lined up, curious about several aspects like a deer hazed by raging headlights.

The whole career choosing process might be a breeze for some but it is high time for SHS students to close in on a specific direction. It is a necessity to make a firm decision on what path to hike. We should all be driven by our dreams which we will work hard for. May it be in HUMSS, ABM, STEM or even GAS, this seminar was a wake-up call to set our mind to one goal. After all, in college, having the burden of shifting will be a big weight for your shoulders and more so, when one goes out into the real world and takes on a career.



# HOMEROOM

# OFFICERS

# LEADERSHIP

# TRAINING

# SEMINAR

# WE RISE

BY LIFTING OTHERS UP

By: Juliane Kristimari O. Butin



trust in our instincts and the opinions of others. However, we must never forget to trust in God. We must surrender our trust in the Lord who clears our mind from clouded judgments and biases. Being guided will give us the ability to guide others better. We must move the people that we

**L**eadership is action, not a position. What is this action, might you ask?

The task of leadership is not to put greatness into people but to elicit it, for the greatness is already there. A true leader must always put this into mind when wanting to achieve success. Come to think of it, is there all that there is? Success isn't about praise or the number of followers, it's about the impact you have on others and the difference you make in their lives. How is this possible?

True leadership.

Leadership is the capacity to translate vision into reality. This was explained during the first session of the Homeroom Officers Leadership Training Seminar (HOLTS) for Grade 11. As stated, the ability to fulfill your role produces results. Homeroom officers have different positions with different roles, each unique from the other. We must be able to live up to these roles. It is not a label that you could add to your reputation but a responsibility and promise that you must uphold. A leader has the vision and conviction that a dream can be achieved; they inspire the power and energy to get it done. It is not an easy task but certainly possible.

Good leaders must first become good servants. As individuals, it is normal to

lead not only towards our agenda nor the school's, but to God's as well. Leadership involves a spiritual quality; the power to inspire and to follow.

Leadership is about understanding people and involving them in the job. Each section participated in 2 activities centered at such message, the balloon game and the tower building activity. It took all of the good characteristics like integrity, dedication, selflessness, knowledge, skill, implacability, as well as the determination not to accept failure.

One of the hardest tasks of leadership is understanding that you are not what you are, but what you're perceived to be. The officers from the HOLTS learnt that being a leader involves knowing your role and responsibilities, doing your part, being spiritually guided, communicating, and having integrity, dedication, and selflessness. Most importantly, we must also learn to accept our mistakes. We are all humans after all. Lastly, we should remember the difference between a boss and leader; A boss says "Go!" while a leader says "Let's Go!". Which one are you?

• • •  
**TRUE**  
**LEADERSHIP**  
• • •



# PAGIGING LIDER ESTUDYANTE: LALONG PAGTIBAYIN! 2017

By: Justin Owen V. Mendoza

**A**ng pagiging isang lider ay isang pribilehiyo at responsibilidad – pribilehiyo na makapagpabago at responsibilidad na makapagpabuti ng sarili, kapwa at maging ng komunidad na iyong kinabibilangan. Nagiging pamantayan o huwaran ang isang lider ng kanyang pinamumunuan kung kaya marapat na maging responsable sa anomang gawain. Ngunit, paano ba natin masasabing epektibo ang pamumuno at paglilingkod ng isang lider o pinuno?

Nabigyan ng pagkakataong makalahok sa *Homeroom Leadership Training Seminar (HOLTS)* na isinasagawa sa bawat taon ang mga lider ng bawat seksyon sa Baitang 12. Dumalo ang mga lider ng homeroom, komite at marshals noong Agosto 23, 2017. Iba't ibang mga pangkatang gawain ang inihanda ng *Office of the Prefect of Student Affairs* sa pamumuno ni G. Carlo N. Guttierrez at ng Guidance Office sa pamumuno ni G. Benjamin P. Coloma III. Layunin ng gawaing ito na lalong mahasa ang mga kasanayan sa pamumuno ng mga lider, upang maunawaan nila ang kahalagahan ng posisyong kanilang pinanghahawakan.

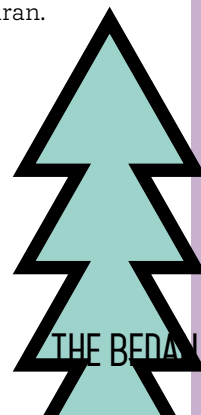
Bago magsimula ang seminar-worksyap, nagbigay ng mensahe si G. Coloma na nagsilbing inspirasyon sa mga mag-aaral sa pamamagitan ng parabula ng mga Manggagawa sa *Ubasan o Parable of the Vineyard*.

Binalikan naman ni G. Guttierrez ang mga paksang tinalakay sa *HOLTS* noong nakaraang taon. Binigyang-diin niya ang mga dapat isaalang at responsibilidad ng isang opisyal ng klase at ang kahalagahan ng *empowerment at followership*.

Bahagi rin ng programa si G. Cristann Victor S. Taruc- *Administrative Officer* ng IBED, binigyang-diin niya ang paksa tungkol sa *Benedictine Responsibility for Social Transformation*, kung saan ginamitan niya ito ng katagang *POGI o Presence of God Inside*. Ayon sa kanya, sa lahat ng ating gagawin kinakailangan nating alalahanin ang ating Panginoon. Nagkaroon ng iba't ibang *team-building activities* na nagbibigay-diin sa halaga ng pagtutulungan o *teamwork*. Naging aktibo ang mga kasali sa mga gawain tulad ng pagbibihis o paggawa ng costumes gamit ang diyaryo at masking tape.

Layunin din ng OPSA na magkaroon ng *transparency, accountability, participation, collaboration* at *responsiveness* ang bawat lider sa pamumuno nila sa klase. Tiyak na mas mapabubuti pa ng bawat mag-aaral ang kanilang *character formation* sa pamamagitan ng kanilang *learning experiences*.

Ayon pa kay G. Coloma, "We need leaders with character." Masasabing epektibo ang pamumuno ng isang lider kung may nalikhang bisyon para sa isang mas mahusay na hinaharap at kung matagumpay nitong naisakatuparan ang hangarin nitong makasabay sa *harmonious relationship* kasama ang mga taong kanyang pinaglilingkuran.





# Benedictinong Kamalayan Muling Isabuhay

Nina: Leandro A. Purisima at Kayla Adrienne S. Tiangco

Pinagdiwang ng komunidad ng Kolehiyo ng San Beda sa Senior High School ang Buwan ng Benedictinong Kamalayan noong nakaraang buwan ng Hulyo hanggang sa ikalawang linggo ng Agosto. Bahagi ng pagdiriwang na ito ang iba't ibang mga patimpalak na itinatag at pinamunuan ng Kagawaran ng *Theology and Social Sciences* sa pamumuno ng kanilang Koordineytor na si Bb. Ma. Imelda M. Yusores.

Isa sa mga patimpalak na isinagawa ay ang Pagsulat ng Dasal. Lahat ng

seksyon sa Baitang 11 at 12 ay may kinatawan. Inaasahang makasulat ang bawat kalahok ng isang dasal na makabuluhan, madamdamin at malikhain.

Narito ang mga nagkamit ng gantimpala.

Gantimpala	Pangalan	Baitang at Pangkat	Gurong Tagapayo
Una	Camille Jeanne F. Aquino	12- ABM 1	G. Matthew Christian Robert R. Doming
Ikalawa	Roland Szanelle B. Bassig	11- HUMSS	Bb. Patricia Mae G. Urbien
Ikatlo	Veronica Alyssandra C. Baluyut	12 - STEM 1	Gng. Nora Mae C. Gareza

## BAITANG 11



St. Elflada/ Kampeon



St. Virgilius of Salzburg/ Unang Gantimpala



St. Bernard Tolomei/ Ikalawang Gantimpala



St. Berlinda/ Ikatlong Gantimpala



Sumunod na patimpalak ay paggawa ng Bene-Video na nilahukan ng mga mag-aaral mula sa Baitang 11. Naatasan ang mga mag-aaral na lumikha ng *video* na siyang magpapakita ng mga gawaing

nagsasabuhay ng mga Aral-Benedictino.

Narito ang mga pinarangalan sa nasabing patimpalak.

Gantimpala	Pangalan	Baitang at Pangkat	Gurong Tagapayo
Una at <i>People's Choice Award</i>	Paul Dominic Angeles Vincent B. Andayo Anthea Franzil L. De Silva Jeanelle May C. Espanol Cyprian Vanroe L. Orfano Ivan Woodrow P. Posada	11- STEM 3	Gng. Ma. Valeri M. Daniela
Ikalawa	Corrine Anjela L. Mayo Roland Szanelle B. Bassig Juliane Kristimari O. Butin Kiarra Alessandra M. Docallos Audrey Joy R. Laciste Yedda Zarhia C. Perez John Matthew A. Tuazon	11- HUMSS	Bb. Patricia Mae G. Urbien
Ikatlo	Alfred Christian G. Diaz Rochel Emily C. Galang John Carlo R. Mendoza John Phillip F. Oncita Bianca Deniece P. Rica Ileanna April D.P. Uligan	11 ABM 1	Bb. Mylah Issa May D. Manansala



Vincent Kyle D.A. Parada bilang St. Augustine of Canterbury



Cosplay o *Costume Play* ang patimpalak na kinabilangan ng mga mag-aaral mula sa Baitang 12. Kinakailangang mailahad ng bawat kalahok ang talambuhay ng kanilang *class saint*. Malaking puntos din ang pagsusuot ng makukulay na damit na katulad ng kasuotan ng kanilang santo. Naging kapana-panabik ang patimpalak na ito sapagkat tunay na pinaghandaan ito ng mga kalahok.

Sila ang mga nagwagi sa patimpalak.

Gantimpala	Pangalan	Baitang at Pangkat	Gurong Tagapayo
Una	Jairus Umipig Bilang St. Froilan	12- ABM 1	G. Matthew Christian Robert R. Doming
Ikalawa	Vincent Kyle D.A. Parada Bilang St. Augustine of Canterbury	12- HUMSS	Bb. Shaira Maree P. Bautista
Ikatlo at <i>People's Choice Award</i>	Nicole Cheyanne Segarra Bilang St. Adeloga	12 - STEM 3	G. Romman V. Cubacub

## BAITANG 12



St. Froilan  
Ikatlong Gantimpala



St. Hildegard of Bingen  
Unang Gantimpala



Bl. Santiago Pardo, OSB  
Ikalawang Gantimpala

Hindi naman maisasantabi ang taon-taong patimpalak para sa buong seksyon ng Baitang 11 at 12, ito ang paggawa ng *Class Saint Corner*. Hinahamon ng patimpalak na ito ang pagkamalikhain at kung gaano kakilala ng bawat seksyon ang kani-kanilang santo. Nasaksihan dito ang sakripisyo ng mga mag-aaral upang maging maganda at matibay ang kanilang lahok. Gayunpaman, tatlo lang sa bawat baitang at isang seksyon ang kinilalang pinakamagaling.

Narito ang mga nagsipagwagi.



Nicole Cheyanne Segarra bilang St. Adelogo



Jairus R. Umipig bilang St. Froilan

Kampeon sa Class Saint Corner	
Baitang at Pangkat	Gurong Tagapayo
11 STEM 3	Gng. Ma. Valeri M. Daniela

Gantimpala	Baitang at Pangkat	Gurong Tagapayo
Baitang 11		
Una	11 ABM 2	G. Keneth M. Dionisio
Ikalawa	11 STEM 4	G. Jhed A. Ojeda
Ikatlo	11 STEM 1	Bb. Nicole Marie T. Abania

Gantimpala	Baitang at Pangkat	Gurong Tagapayo
Baitang 12		
Una	12 STEM 1	Gng. Nora Mae C. Gareza
Ikalawa	12 STEM 2	G. Christian Rey B. Veloso
Ikatlo	12 ABM 1	G. Matthew Christian Robert R. Doming

# BANAL NA MISA

## IPINAGDIWANG PARA KAY

*San Benito*



**N**agkaroon ng banal na misa para sa ating patron na si *San Benito ng Nursia* o St. *Benedict of Nursia* noong Huwebes ika-20 ng Hulyo 2017. Ang misang ito ay pinamunuan ni Fr. Paul Ma. De Vera, OSB. Mahalaga ito sa bawat Bedista sapagkat ipinagdiriwang natin at inaalaala ang buhay ng santong gumagabay sa atin sa pamamagitan ng kanyang mga turo na nakapaloob sa *Rule of Saint Benedict*. Isang banal at

Nina: Corrine Anjela L. Mayo at Audrey Joy R. Laciste

taimtim na misa ang inialay ng komunidad ng San Beda upang bigyan siya ng karangalan. Ayon nga mismo kay San Benito, *And let them first pray together, that so they may associate in peace*. Nararapat daw na magkaisa tayo ng lahat sa

pagdarasal upang makamit ang kapayapaan. Ang misang ito ay ipinagdiriwang taon-taon ng buong komunidad ng San Beda kaya naman ito ay maituturing na bahagi na ng buhay ng isang tunay na Bedista – alinsunod sa mga turo ni *San Benito*.





# THERE IS NO I in TEAM

By: Roland Szanelle R. Bassig

Academic Year 2017-2018 welcomes the 2nd batch of Senior High School students. Last year was historic; the K-12 system was officially ushered in. This year, history takes the form of a familiar tradition. To welcome the students, the Integration made its way into the SHS unit and it did not discriminate between the returnees and the newbies.

The Grade 11 students were given a taste of this time-tested tradition last July 13 in the penultimate chapter, the Homeroom Integration. Students, old and new, were spearheaded by their respective class advisers as they rallied behind a single, unifying theme, "There is no 'I' in team." Nevertheless, this activity served as a sneak peak, a taste of what's to come. It was an ante ritual before the higher-ups, the Grade 12 students, officially baptized them into the Senior High School community.

Grade 11 students were greeted early that Thursday morning by their advisers with several brown envelopes in hand. The

students were clustered into smaller groups, each being given an envelope of their own. As these were opened, the students themselves got to see what was inside. For some, it contained papers. For others, it contained straws, while the rest had both and maybe even some glue. The challenge was then made clear: to build the tallest tower in the class, enduring and stable, if it was even possible.

After the challenge, the class advisers helped the students with an obligatory reflection of the towers built of papers, straws and whatnot voluntarily disfigured. Of course, the traditional meal sharing or Agape completed this activity.

The Homeroom Integration can't quite compete with the initiation the upper batch was set to bring to these students. Nonetheless, this is a rite of passage just before the real thing. One could say that this was meant to reconcile any differences the old and new students had. They themselves would be the ones to face the impending terror together as batch; after all, there is no 'I' in team.

