



# BEDA-IVERSITY

## COMMUNITY THROUGH INTEGRATION 2017

By: Justin Owen V. Mendoza

Every academic year, the Bedan community anticipates the tradition of welcoming new students of San Beda Rizal. This tradition is known as the Integration. It has become an exciting event for the whole Bedan community because it develops the character formation of a student through camaraderie and unity towards the new breed of Bedan students.

With this year's theme, "BEDA-iversity: Strengthened Through Camaraderie and Unity," the Grade 12 integrating classes prepared certain activities to

express their warm welcome. Sets of integrants were given a chance to meet five different integrating classes as part of the reception rites. Meal sharing and classroom interaction took place before the start of the event proper.

The colorful Parade of Integrants showcased the representation of each hallmark per section by their meaningful symbolism and costumes followed by the Pledge of Integrants which was led by John Matthew A. Tuazon of 11-HUMSS, the Student Council Grade 11 Batch Representative. Mrs. Teresita T. Battad, our



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beloved principal, gave her inspirational message and words of gratitude to the newly-integrated Bedan students. The event was emceed by Esmeralda A. Ocampo of 12-STEM 1 and Yshmael Jordan Agustin of 12-STEM 2.

With the collaboration of the Junior High School Unit, the much-awaited comeback of the traditional washout took place as the incorporation rites. The program concluded with Rev. Fr. Paul Ma. De Vera, OSB who gave the integrants his blessing. The program ended by the singing of the Bedan Hymn led by Miguel Geronimo V. Balajadia of 12-STEM 5. This unique and diverse Integration was made

possible by the collaboration of the SHS Student Council and Office of the Prefect of Student Affairs.





# Ang Makabuluhang Simula ng Buwan ng Wika

Ni: Paul Dominic Angeles

**P**rogresibo, makabago, at agresibo. Ito ang estado ng ating lipunan sa kasalukuyan. Lumipas ang mahabang panahon, marami na ang nagbago - sa tao o maging sa ginagalawan nating mundo. Ang kanluran ay higit na nakilala habang ang silangan naman ay umusbong at patuloy na nagpapakilala. Ngunit, sa gitna ng lahat ng mga pagbabago at pag-unlad na ito, mahalagang mangibabaw pa rin ang pagkakaisa nating mga Pilipino at ang pagpapahalaga sa sarili nating kultura at wika.

Ngayong Akademikong Taong 2017-2018, muling inilunsad ng Komisyon ng Wikang Filipino (KWF) ang pagdiriwang ng Buwan ng Wika na may temang *Wikang Filipino: Wikang Mapagbago*. Hindi magpapahuli ang *Senior High School* Yunit sa pagdiriwang na ito kaya naman noong ika-1 ng Agosto 2017 sinimulan na ang pagpapatugtog sa *Public Announcement (P.A.)* ng mga masasayang awiting Pinoy o mas kilala sa tawag na Original Philippine Music (OPM). Isinagawa ang paglulunsad sa pang-umagang assemblya. Masiglang inanunsyo ni Gng. Maribel M. Lim - guro sa Filipino ng Baitang 11 noong

ika-4 ng Agosto ang mga gawaing inihanda ng Kagawaran ng English at Filipino sa pamamatuubay ng kanilang Koordineytor na si Gng. Rolinda Namnama D. Cabrilo.

Nagsimula ang paglulunsad sa pamamagitan ng pag-aanunsyo ng mga patimpalak sa bawat baitang. Narito ang iba't ibang mga gawain o patimpalak para sa bawat baitang; Baitang 11- Mimesis at Pagsulat ng Sanaysay; Baitang 12 - Pagbuo ng Larawang-Diwa o *Photo Essay*; Pagsulat ng Sanaysay; at Pinaghandaang Talumpati.

Idinagdag din ni Gng. Lim na muling magkakaroon ng Salo-salong Pinoy at Kasuotang Pinoy sa araw ng Pagsasara ng Buwan ng Wika na itinakda sa Setyembre 4, 2017. Binigyang-diin niya ang kahalagahan ng wika sa modernong panahon at kung bakit sinasabing ang Wikang Filipino ay mapagbago. Ayon sa kanya, kailangang nating tumanggap ng mga makabagong salita na sadyang hindi na kailangan pang isalin at tanggag na sa estado ng ating lipunan sa kasalukuyan.

Matapos ang pag-aanunsyo ng mga gawain, sinundan naman ito ng isang

madamdaming *spoken word poetry* na binigkas nina Bb. Janualyn Thea P. Suba at Bb. Mylah Issa May D. Manansala - kapwa guro sa Kagawaran ng Filipino. Hango sa *spoken word* ni Bb. Diosa Fe E. Garcia na pinamagatang *Kalimutan ang Pag-alala*, lumikha sila ng sariling bersyon ng tula, dahilan upang lalong sumigla ang simula ng pagdiriwang. Pinamagatan nila ang kanilang tula na *Ako Naman*. Inihambing nila ang pag-ibig sa ating pagmamahal sa sariling wikang Filipino.

Isang matagumpay na panimula para sa isang makabuluhang gawain - ang *Buwan ng Wika 2017*. Ngayong buwan ito, ang bida ay wikang Filipino subalit sana kahit hindi buwan ng Agosto ay marapat nating bigyang-halaga ang pambansang wika lalo na sa panahon ng globalisasyon. Marahil, kung ang paggamit nito'y isasantabi natin sadyang mamamatay ang wikang Filipino. Mahalaga ring ating kilalanin at tanggapin na ang ating wika ay lubos na nagbabago at nakikiayon sa paglipas ng panahon, ngunit hindi ito dapat maging dahilan upang ito'y tuluyang limutin sa halip dapat itong mag-udyok sa atin upang ito'y higit pang paunlarin.



# SAYAW SA AWIT NG MUSIKANG FILIPINO 2017: *Sining ng Nakaraan at Kinabukasan*

Ni: Juliane Kristimari O. Butin

Isang porma ng sining ang pagsasayaw. Ito ang maindayog at magandang pagkilos ng katawan na sinasaliwan ng musika, maaaring ito'y mabagal o mabilis. Isang paraan ng pagpapahayag ng damdamin o saloobin ang pagsasayaw. Katulad ng rituwal, kadalasan ay nagpapahiwatig ito ng kagalakan, ngunit kung minsan ay pagkapoot o paghihiganti, isang halimbawa nito ang rituwal bago sumabak sa digmaan.

Sa kasalukuyan, higit na kinagigiliwan ang pagsayaw dahil sa mga makukulay na kasuotan at kung minsan'y mahaba nang labis ang laylayan ng pambabaeng kasuotan na humahamang maipakita ang kanilang pinakamagagaling na pag-indayog. Itinanghal na Kampeon ng Sayaw sa Awit ng Musikang Pilipino na pinamahalaan ng Munisipalidad ng Taytay noong Agosto 28, 2017 ang samahang Folk Dance ng Kolehiyo ng San Beda - Senior High School sa mahusay na pagsasanay ng kanilang modereytor na sina G. Romman V. Cubacub at G. Christian Rey Veloso. May kategorya rin para sa elementarya kung saan lahat ng kalahok ay nagsayaw sa musika ng Lawiswis-Kawayan. Sampung paaralan ang lumahok sa kategorya ng Grade School samantalang apat sa Junior at Senior High School. Sa saliw ng musikang pinamagatang Engañoso mahusay na naipakita ng

mga mananayaw ang kahulugan nitong pagmamalaki ng mga matapobre dahil sa elegante nilang kasuotan.

Sa pamamagitan ng *folk dance*, naitatawid natin at napananatili ang ating kagustuhan sa kulturang ito sa kabila ng modernong paraan ng pagsasayaw sa kasalukuyang panahon.



**Grade 11:** Juliane Kristimari O. Butin, Ian C. Agias, Jun Mark L. Larot

**Grade 12:** Jericho Lance M. Monsalud, Jairus R. Umipig, Jean Lykestefano Payan, Marjoe E. Igbalic, Gelly Ann Carmel T. Dizon, Divine Mercy E. Dionisio, Eliana Joelle D.J. Eugenio, Yuri Mae M. Montoya, Franz Ansherina G. Maniti



# Ang Mag-aaral at ang Tagumpay

Ni: Leanne Joy C. Torres



**N**agkaroon ng misa noong ika-24 ng Agosto 2017 bilang pagdiriwang sa Pista ni San Bartolome o *St. Bartholomew the Apostle*. Pinangunahan ito ng pinakamamahal nating si Fr. Paul Ma. De Vera, OSB kasama ng ilang miyembro ng *Pastoral Council*. Inumpisahan ni Fr. Paul ang kanyang sermon kung saan may nakausap siyang mag-aaral at nagtanong kung paano makakamit ng isang tao ang tagumpay. Nagbigay siya ng payo, kabilang na ang kahalagahan ng pakikinig sapagkat sa pamamagitan nito ay naliliwanagan ang tao tungkol sa mga bagay-bagay sa kanyang paligid. Nakatutulong din ito sa pagpapalawak ng imahinasyon at pagkakamit ng kasanayan. Isa pang payo ni Father kung paano maaring makamit ang inaasam na tagumpay, dapat daw ay marunong humingi ng payo sa ibang tao. Sa ganitong pagkakataon, hindi lamang nadaragdagan ang kaalaman ng isang indibiduwal higit pa rito, nahahasa at napauunlad din nito ang

kanyang kasanayan sa komunikasyon.

*"Spend time every day listening to what your muse is trying to tell you,"* isa ito sa mga turo sa atin ni San Bartolome, matuto tayong makinig. Nawa ay magsilbi itong paalala sa pang-araw-araw na buhay upang makamit ang inaasam na tagumpay.



ang inaasam na tagumpay.



# PAGKUHA NG PPP, ISINAGAWA

Ni: Kenta D. Ooyama

**I**sa sa mga programa ng *Guidance Office* ng San Beda College Rizal ang *Guidance and Counseling* kinabibilangan ito ng iba't ibang uri ng pagsusulit o test service. Ito ang ilang uri ng mga test na ibinibigay ng opisina; *Admissions Testing; Vocational; and Career Assessment* at marami pang iba.

Ngayong taon, nakatakdang kumuha ang mga mag-aaral ng *Senior High School* Yunit ng pagsusulit na Panukat ng Pagkataong Pilipino (PPP). Sinimulan ito noong ika-24 ng Agosto 2017, sa ganap na ika- 9:30-11:00 ng umaga. Ito ay

isang imbentaryong pagsusulit na sinimulan pa noong taong 1978. Layunin nitong mailahad ang natatanging personalidad ng isang indibiduwal batay sa labinsiyam na dimensyon ng kaugalian ng mga Pilipino. Ito ay isang pagsusulit na nilikha ni Mary Grace Catalan ng Unibersidad ng Pilipinas. Ipinaliwanag ni G. Benjamin P. Coloma III - *Head* ng *Guidance Office* ang proseso ng pagsusulit na ito. Sa araw ding iyon ay isinagawa ang pagsusulit. Naipaliwanag din ng mga *proctor* at mga guro ang dapat at hindi dapat gawin sa panahon ng pagsusulit. Dagdag pa rito, binigyang-diin ng mga guro ang kahalagahan ng resulta ng pagsusulit na ito.

# Kabataan Ngayon, Tagapaglingkod ng Bayan Bukas

Ni: Federico R. Laciste IV



Matagumpay na naisagawa ang programa ng Leadership Development Program (LDP), HIV/AIDS Prevention Education (HAPE) at Substance Abuse Prevention Education (SAPE) noong Agosto 25-26, 2017. Pinamunuan ito ng samahan ng Red Cross Youth ng San Beda College-Rizal.

Naging tagapagsalita sina G. Dranreb I. Radan at G. Jay-Ar B. Gallos mula sa *Philippine Red Cross Rizal Chapter*. Layunin ng gawaing ito ang maikintal sa mga miyembro nito mula sa Baitang 11 at 12 at maging sa *Red Cross Youth Movement* ng bansa na maisulong ang diwa ng *volunteerism*, bayanihan at maging tapat na lider. Naging bahagi rin ng programa ang pagbibigay kaalaman sa estado ng kalusugan ng mga Pilipino. Ayon sa tagapagsalita na sina G. Ronnel S. Bautista at G. Jeron L. Osiana, mula rin sa *Philippine Red Cross Rizal chapter* sa kasalukuyan ang pangunahing sakit na nakukuha ng mga kabataan ay mula sa pakikipagtalik at paggamit ng

droga. Nagkaroon din ng mga gawaing magpapatibay sa samahan ng mga miyembro nito. Malaking bagay rin ang pagkakaroon ng *fellowship night*, lalong naging makabuluhan ang bawat oras at gawain. Kinilala rin ang mga bagong miyembro ng samahan noong gabing iyon. Binigyang-oras ang bawat isa na pagnilaynilayan ang kanilang mga natutunan sa araw na iyon.

Isang mapanghamong *Amazing Race* ang sumubok sa katatagan ng bawat isa. Nakasalalay rito ang pagtutulungan ng bawat miyembro ng pangkat upang masungkit ang kampeonato. Kinilala ang mga nagkamit ng parangal bago matapos ang programa at gayundin ang mga kinatawan ng *Red Cross Rizal Chapter* na sina G. Osiana; G. Radan; G. Gallos; at G. Bautista. Simula pa lamang ito nang paghubog sa kanilang pagkatao upang maging tunay na lingkod sa mga mangangailangan ng tulong subalit, pagdating ng

panahon tiyak na mas marami pa silang matutulungang mga Pilipino.





# NCAA Opens Up A New Season

By: Lorenzo Gabriel C. Verano



San Sebastian College-Recolletos hosted the opening of the 93rd season of the oldest collegiate sport competition in the country, the NCAA, last July 8, 2017 in the Mall of Asia Arena.

The ceremonies started right off the bat as the colorful strobe lights and the upbeat music played once the Philippine National Anthem had ceased, introducing the schools participating in the prestigious league. The NCAA commission had also

given glory to PBA's top 40 players that had played for the NCAA, led by former Letran marksman Kerby Raymundo, player-turned coach for the Mapua Cardinals, coach Atoy Co, JRU's "Thinking" Power Forward and Aerial Voyager, Philip Cezar and Vergel Meneses.

The opening day also featured two matches, one between two storied rivals between the San Sebastian Golden Stags and the defending champions San Beda Red Lions. The seesaw affair proved too much for the Stags as the Red Lions pulled away at the closing moments to best the hosts with 76-67 final, led by King-Lion

Robert Bolick and All-Around Forward Jayvee Mocon.

The 2nd match was a campaign for The Conductor Kent Salado and the rest of the Arellano University Chief's proving that their ride to the championship would thrive

without The Bus Driver in their post - Jalalon Era. They bested the honored coach-led team of the Mapua Cardinals 91-82.

The opening game for the Juniors Division started in the Colegio de San Juan de Letran Gym on July 9, 2017.



# RED CUBS spoil season hosts debut game; Takes season opener

By: Lorenzo Gabriel C. Verano

**T**he San Beda Red Cubs takes the season opener from the NCAA season 93 hosts San Sebastian Staglets last July 9, 2017 in the Collegio de San Juan De Letran Gym.

Staglet Damie Cuntapay paced the season hosts in the first quarter, leading all scorers with 6 first quarter points to keep his squad within striking distance. The Rizal-based squad utilized the 2nd period, scoring 21 quarter points opposed to San Sebastian's 15. San Beda never let up, scoring 44 second half points led by Alfaro and Velazquez racking up 13 and 14 points respectively.

San Beda lit up the court dominating from the perimeter against a Staglet squad that was disoriented on defense, giving up 33 total inside points under 41.25% shooting. San Beda also dominated on defense, forcing turnovers where they converted to 27 points off turnovers, 22 of which came from the fast break.

Evan Nelle's 14-career high assists orchestrated the offense for Peter Alfaro (17 pts), Samuel Abu Hijleh (16 pts) and Addy Velasquez (16 pts) who paved the way for the cubs, while Damie Cuntapay led all scorers with a game high 25-point outing.

0. **LAGUMEN, John Mark M.** Small Forward (SF)
2. **OLIVA III, Arturo S.** Point Guard (PG)
3. **OBENZA, Ain Carlo B.** Shooting Guard (SG)
4. **BARBERO, Raphael Lian P.** Power Forward (PF)
5. **TAGALA, Joshua Gavril R.** Power Forward (PF)
6. **VELASQUEZ, Eduardo Jr. G.** Power Forward (PF)
7. **NAYVE, Robi Jullian D.** Shooting Guard (SG)
8. **GARCIA, Sean Lenard** Center (C)
9. **ETRATA, Prince Alexis** Point Guard (PG)
10. **NELLE, Evan Heinrich Nikolai** Point Guard (PG)
12. **MAHINAY, Gergy A.** Center (C)
15. **ALFARO, Pedro II A.** Small Forward (SF)
16. **ABU HIJLEH, Samuel F.** Center (C)
17. **SESE, Luke Irvin V.** Shooting Guard (SG)
18. **TALAMPAS, Jade C.** Power Forward (PF)
23. **DE LA ROSA, Ry Aijer D.** Small Forward (SF)

First Row: (left to right) Llanera, Lagumen, De La Rosa, Abu Hijleh, Etrata, Sese, Sanchez  
Second Row: (left to right) Barbero, Nayve, Tagala, Oliva, Talampas, Mahinay  
Not in the Picture: Nelle, Velasquez, Obenza, Alfaro

Photo by RED CLICK Production



# Dyaryologue 2017

By: Paul Dominic Angeles and Audrey Joy R. Laciste



On August 19, 2017, the Union of Journalists of the Philippines - University of the Philippines (UJP-UP) held Dyaryologue: Journalism

Summit 2017 at San Beda, Manila.

There were approximately 180 students from different schools in Luzon who attended. The young journalists seek to further hone their crafts and improve in the field of Campus Journalism. The UJP-UP is an academic political union of students committed to advancing pro-masses and pro-student ideals, promoting advocacy journalism and media ethics. Six courses were conducted by exemplar contributors in media distribution, consisting of News Writing, Opinion Writing, Feature Writing, Sports Writing, Photojournalism and Editorial Cartooning. Each student was given two choices.

The event started at 7:00 a.m., and ended at 5:00 p.m. Each student

began their first session with their first choice, followed by their second choice. The sessions consisted of in-depth explanations and tips from the distinguished speakers. After the two sessions, all students gathered in the Abbot Lopez

Hall of San Beda College Manila where the practical task was given to each student's corresponding first choice. Only an hour was allotted for them to accomplish and later, pass it to their respective speakers who will be evaluating their work. The three best outputs for each category will be given an award after the inspirational speeches. One of the speakers was Mrs. Elfleda Campos, a Senior Editor of the Business Mirror. She shared her experiences, cause of success and emphasized how important it is for a journalist to have initiative and curiosity.



After the inspirational speech given by the speakers, the facilitators of the said event finally proceeded to the awarding of the three best outputs in each category of Campus Journalism. With pride and honor, our very own writer, Juliane Kristimari Butin of 11-HUMSS, won 1st place in Feature Writing. The Bedan Roar, the Official Student Publication of San Beda Senior High School, came home with full minds and enthused hearts thanks to this summit. The organization saw this as an opportunity to gain experience in enhancing the abilities of skilled and talented individuals.



# IN THE NEW

By: Lorenzo Martin D. Gonzalez



There is a famous saying that goes like this, Change is the only constant thing in the world. Quite ironic, isn't it? Yet this part of life is what we now embrace as members of the contemporary society. Individually or collectively speaking, we experience changes that in more ways than one affects us greatly. We grow, we develop, and we innovate. New discoveries are being made from previously known trends. As we embrace these changes, we adapt. We cope up with the demands of a fast-paced society. We persevere, and we accept.



This truth is applicable to everyone, even to us students. To be diverged in a new school with new faces, a new environment and a new culture to adapt to can be as stressful as one can imagine. Nevertheless, San Beda College Rizal greeted us with open arms as we adjust to the new. With this, San Beda becomes more than just an institution of learning. It is now a place of comfort where one can experience familiarity despite the new changes.



Some or maybe even most of us has never been to a school with such spirit when it comes to being a proud member of where we study. From the NCAA tournament, to any other school related activities, everything has been a big shock in complete contrast with what we are used to. Not to



mention the people around us, especially those who pioneered before us. They have shown such commitment in order to make us feel welcome and for us to really feel that San Beda is now our second home.



Change is not so bad after all, when you know how to go with it, embrace and accept it, and not to mention, with the help of those around you. Change is a potent indicator that we are moving, that we are progressing. Being stagnant is not that promising when you think about it, because things could be better, and we must always strive to achieve better.

A fun experience in and out of the classroom with unity and spirit is what I can observe and experience from my short start of the school year as one of the fresh faces of the community. Adjustments are still needed here and there. Perhaps everyone still needs to get used to some things that are still unfamiliar. Being a Bedan is as challenging as it is a privilege but there is no need to rush. Being in the new is definitely difficult, but I believe, that someday, we will be able to embrace these changes and be proud Bedans.

# STUDENT COUNCIL ACTIVITIES FOR A.Y. 2017-2018 OFFICE OF THE STUDENT COUNCIL



THE OFFICE OF THE SENIOR HIGH SCHOOL STUDENT COUNCIL ADMINISTERED 4 MAJOR PROJECTS IN THE 1ST QUARTER OF THE A.Y. 2017-2018: FIRST DAY FEVER, CLUB ENLISTMENT, INTEGRATION 2017 AND PROJECT OGOP MARAWI.

## FIRST DAY FEVER: IT'S THAT TIME OF THE YEAR AGAIN!

You wake up feeling excited and sad at the same time because summer has officially ended. First day of school may be dreadful for some students because of the latter reason but the SHS Student Council made sure that the start of 2017-2018 academic year not only be a blast but also memorable. The Student Council recruited ten Grade 12 students to be ushers and usherettes to welcome and guide the students, both old and new, to their respective classrooms. There was also a lion standee and a photo

booth wherein students and teachers can take a picture together with their friends that were taken by the assigned members of the Red Click Productions. Also, the said club provided a same-day-edit video that was recorded all throughout the day and was shown at the Orientation Program. We hope that the first day of school, which was filled with fear and strangeness, became a golden moment for everyone.

## CLUB ENLISTMENT OF THE SHS UNIT

Club Enlistment of the Senior High School Unit is upholding San Beda's vision for the students, one of which is to produce globally competitive individuals. Different clubs, which were all initiated by the students, screened by the Student Council and recognized by the OPSA, were launched to develop the skills and talents of the Senior High School students. Club enlistment was held last June 30, 2017, Friday, and it started after the morning assembly. Students were given three (3) stubs. One (1) for co-curricular clubs and two (2) for interest clubs. Some clubs had their own gimmick to introduce their organization to Grade



11 students then they went to their respective booths that were prepared by the Office of the Student Council. During recess and lunch, students had the opportunity to enlist their names up in their desired club with the aim to improve their virtuosities.

*WITH ALL THESE ACTIVITIES, PROGRAMS, AND CAMPAIGNS LAUNCHED BY THE OFFICE OF THE STUDENT COUNCIL, WE WOULD LIKE TO APPEAL TO EVERY STUDENT THAT YOU MAY CONTINUOUSLY TRUST US AND BE ONE WITH OUR GOALS AND ASPIRATIONS THROUGHOUT THE SCHOOL YEAR. THANK YOU AND GOD BLESS!*

*ADRIANO M. PEREZ III  
STUDENT COUNCIL, PRESIDENT*



## BEDA-IVERSITY: STRENGTHENED THROUGH CAMARADERIE AND UNITY

The Senior High School Integration 2017 was held last July 14 in the SHS building with the theme of BEDA-iversity: Strengthened Through Camaraderie and Unity. The Council aimed the activities to be centered on cooperation rather than competition. They innovated the traditional program by giving the respective Grade 12 sections a chance to inculcate the Benedictine Hallmarks as themes for their reception rites. The meal sharing promotes the sense of community between the integrating class and the integrants. After the Pledge of Integrants, as now formally recognized Bedans and members of the Senior High School Unit, they were baptized with water and symbolically welcomed to the Bedan community.

## #OGOP MARAWI

Lastly, Project OGOP Marawi commenced last August 11 by the Office of the Student Council in coordination with the Social Action Program. This project was launched to aid our courageous soldiers in their battle for our safety and peace in Marawi City. This is composed of three sub-projects: Shoebox Project, Letter Board, and Awareness Drive. Through the Shoebox Project, donations of necessities from the Bedan community will relieve the evacuees and troopers in the location. Along with that, the students gave other materials such as food, clothes, and school supplies. Motivational messages were also given through the Letter Board to uplift the bakwits' and soldiers' spirits in the time of devastation and war. The Awareness Drive was strengthened through the Support Our Troops shirts. This is the Council's way of showing respect, patriotism, nationalism and compassion to our gallant countrymen.



# DEBATE SERIES

Nina: Pioee Szanelle B. Bassig at Corrine Anjela L. Mayo

## Mosyon: *Sang-ayon sa Giyera Kontra Droga*

### PRO

**Unang tindig:** Ang war on drugs ay isa sa mga panukalang binibigyang fokus sa administrasyong Duterte. Naniniwala si Pangulong Duterte na isa sa mga marapat bigyang-solusyong problema sa bansa ay ang patuloy na pagbebenta at paggamit ng ilegal na droga. Sa pamamagitan ng pagpatay sa ugat o pinagkukunan ng droga, layunin ng panukalang ito na sugpuin ang mga pagbebenta, pamamahagi, at paggamit ng ilegal na droga sa bansa. Kung walang nagtutulak ng droga, hindi man tuluyang mawala ay mababawasan naman ang mga gumagamit nito sa bansa. Marami ang nasirang buhay sa paggamit ng ilegal na droga. Maaaring maging solusyon ang pagmumungkahi ng rehabilitasyon, ngunit walang kasiguraduhan na ito ay makatutulong sa mga sangkot dito.

**Pangalawang tindig:** Kung hindi ito ang paraan para tuluyang mabawasan at tuluyang mawala ang pagbebenta at paggamit ng ilegal na droga sa bansa, sa anong paraan pa kaya? Hindi nabigyang atensyon ang problemang ito sa mga nakaraang administrasyon. Hindi natin napapansin na maraming nasisira ang buhay dahil sa droga. Isa pa, sa pamamagitan ng panukalang ito ang mga tao ay makasisigurado sa isang lugar na ligtas mula sa mga panganib dulot ng ilegal na droga.

**Pangatlong tindig:** Kung ating titignang mabuti, laganap ang paggamit ng ilegal na droga sa mga maralita. Ito ang kanilang nagiging huling hantungan kapag sila ay wala nang makain o wala nang ikinabubuhay. Sa impluwensya ng droga, nakagagawa sila ng iba pang mga krimen tulad ng pagnanakaw, pagpatay at iba pa.

**Pang-apat na tindig:** Para bigyang-diin ang isyu sa droga ay hindi nabigyang pansin ng mga nakaraang administrasyon kaya naman ito ay tuluyang lumala. Kung hindi ito bibigyang atensyon ngayon, kailan pa? Oras na para solusyonan ang problemang ito. Maaaring hindi makatao ang panukalang war on drugs para sa iba, subalit sa ngayon, ito ang nakikitang pinakamabisang paraan upang masugpo ang paggamit ng ilegal na droga sa bansa at iba pang mga krimen na nagmumula rito. Ang rehabilitasyon ay hindi nakakapagbigay ng sapat na garantiya na ang mga sangkot sa isyung ito ay hindi na muling uulit.

\*Pagtatatuwa: Ang mga pananaw at opinyong inihahayag sa debateng ito ay hindi pagtiyak na ito ay kanilang sariling paniniwala, paninidigan o opinyon.

### CON

**Unang tindig:** Tignan natin ang status quo: Una, libo-libong tao nang namatay buhat ng ipatupad ang panukalang war on drugs at karamihan ng mga biktima ay hindi dumaan sa due process of law. Bukod dito, kontra sa sinasabi ng ilan, hindi naman talaga natutugunan ng estado ang kriminalidad sa bansa sapagkat nagiging counter productive ang panukalang ito na nagbibigay pahintulot na gumamit ng karahasan. Simple lamang ang tindig ng panig ng negatibo o hindi sang-ayon, ang kriminalidad ay hindi sapat na batayan upang mawala ang pagsasaalang-alang sa mga karapatang pantao. Oo, marapat na solusyunan ang talamak na kriminalidad sa bansa, ngunit hindi ito sapat upang magbigay kalayaan sa mga taong pumapatay dahil sa droga.

**Pangalawang tindig:** Ang pamamaraan na hinirang na war on drugs ay hindi nagiging epektibo dahil ang lumalabas ay kriminalidad pa rin ang ipinanglalaban upang wakasan ang iba pang kriminalidad sa bansa. Bukod dito, hindi nagiging epektibo ang mga pulisya sa simpleng dahilan na nakatutok lamang ang mga ito sa mga mahihirap. Nawawalan ng diwa ang buong digmaang ito dahilang pagkatapos mahuli'y makatatakas din ang mga maykaya o mayayaman at maimpluwensya sa lipunan. Dahil nga hindi dumadaan sa courts of justice ang patayan ay madalas na nangyayari sa panig ng mga mahihirap.

**Pangatlong tindig:** Naniniwala ang panig na hindi sumasang-ayon na ang isyung ito ay nanawagan ng mas konserbatibong mga pamamaraan kontra sa mga liberal at radikal. Kung nais sugpuin ang mga taong patuloy na nagbebenta, namamahagi at gumagamit ng ilegal na droga upang bumaba ang kriminalidad sa bansa, kailangang ba talaga ang kasalukuyang sistema ng war on drugs? Kailangang maipanumbalik ang tamang proseso. Hindi natin maitatangging talamak ang krimen sa bansa subalit, hindi ito sapat na batayan upang magpatupad ng panukalang mas panig sa mga mayayaman at kung tutuusin, hindi nito nabibigyan ng pananagutan ang mga inosenteng sibilyang nasasangkot.

**Pang-apat na tindig:** Ang isyu sa debateng ito ay una, kung labis na ang taas ng krimen, sapat na ba itong dahilan upang maglunsad ng isang digmaang walang pinipiling edad sa halip na gawin ito sa konserbatibong pamamaraan dahil dito maging mga sibilyan ay nananamantala o nakikisabay nang walang pag-aalinlangan. Pangalawa, kung ang war on drugs nga ba ang pinakamabisang paraan upang masolusyonan ang isyung ito? Naninindigan ang panig ng hindi sumasang-ayon na bilang tugon sa mga isyung nabanggit na nagiging counter productive ang panukala ng administrasyon at kalaunan ay nawawalan ito ng bisa at napapalayo ang estado sa mga mithiin nito.

# PAGPUPUGAY SA WIKANG FILIPINO

## Perlas ng Aking Henerasyon

ni: Federico R. Laciste IV

Sa kabila ng rumaragasang tubig  
at bahang dala ng mga bagyong dumadaan,  
Dugo at luha ang dumadaloy sa mga eskinitang nagsisikipan.  
Bukod sa mga maiinit na sinag ng araw na pumapaso sa balat,  
Mga nag-iinitang barilan ng digmaan  
ang sumusunog sa mga mamamayang salat sa kalayaan.

Kasabay ng trapikong nag-iingayan at nagbubusinahan,  
Ay mga raliyistang nagsisindi ng mga kandila't nagsisigawan.  
Pagkatapos hangarin at makamit ang pagbabagong naganap,  
Muli, isa na namang pagbabago ang inaasam at pinapangarap.

Hindi makaahon mula sa mga nakaraang  
salungatan at argumento.  
Bulag ang kanilang mga mata sa katotohan,  
kaya ang sigaw ay “Pagbabago! Pagbabago!”

Iyan lang naman ang ilang mga pangyayari  
sa bansa,  
Sa bansa kung saan ang “fake news” at  
makikitid na pag-iisip ay dagsa.  
Aming Inang Bayang sanay ng malinlang ng  
kalayaan, kapayapaan, at kapurihan.  
Maligayang pagdating sa kapuluan ng Pilipinas:  
ang Mantsadong Perlas ng Silangan!

## Pasensya na, Mali Ako

ni: Veronica Alyssandra C. Baluyut

Mula sa mga kaibigan kong sinaktan at niloko  
At sila ring nagmahal ulit sa pag-aakalang  
“Iba siya sa mga nakilala ko”  
Mula sa mga kaibigan kong pinaglaruan  
at iniwan,  
Masisisi mo ba ako, kung tuluyang sinara  
ng puso ko ang mga pintuan nito?

Wala na yatang matinong lalaki sa mundo,  
Sa una lang magaling tapos bigla na lang  
maglalaho  
Kapag binitawan nila ang mga salitang  
“Ayoko na, itigil na natin ‘to”  
Walang magagawa kundi umiyak sa sakit  
na dama ng puso.

“Pare-pareho lang sila”  
Tatlong salitang matagal kong pinaniwalaan  
Tatlong salitang nagsilbing kandado sa mga  
pintuan  
Pintuan ng puso kong unti-unti mong  
binuksan.

Pinatunayan mong mali ako  
Mali sa mga paniniwala ko tungkol sa inyo  
Na hindi naman lahat ng lalaki manloloko  
Sadyang may tamang panahon lang talaga  
para sa tamang tao.

# HAIKUS

Five good syllables  
Seven better syllables  
You have a haiku  
- MILTON LEE

A whiff of red smeared  
Another soul extorted  
A spree yet to end  
- PATRICK RAMIENTO

Sistemang sira,  
Ginto'y tagong kinuha  
Sinong kawawa?  
- JERICO DELA CERNA

Ipaliwanag:  
Buwang may liwanag sa  
Matang nagdilim  
- CHELSEA CARINGAL

Paint me with slow hands,  
Back in our May summer plans,  
Oh, how time flies fast  
- DIVINE DIONISIO

Amihang Hangin  
Pakiusap, lisanin  
Sawing damdamin.  
- VANESSA VILLAR

As rain drops fall  
On the warm, summer floor  
An end, yet the start  
- ALYSSA MANALO

A crying lady  
Was shackled by enmity:  
Death of family  
- CHRISTIAN MORDENO

Love cries tears of pain  
Wipe its track and place a mask:  
Pseudo-happiness  
- EDGAR CHEE

Papel ni Rizal  
Lampara ni Ibarra  
Huling pag-asa  
- JOCEL POQUIZ

Hangi'y tahimik  
Sa ligid – umiihip  
Paghinga'y dinig  
- MERIELLE BRAGAIS

Loving a writer  
Kissing close inkstained fingers  
Felt written embrace  
- ALEXANDRA AN

Mud paints my face whole  
To be cleansed, never will I.  
For I am content  
- ANNE LAMUG

Now, the silence shall sing  
And with him the forgotten  
A song of chaos  
- ANNE LAMUG

His eyes are starlight  
Engulfed in a cold abyss  
No one sees him shine  
- ALEXANDRA AN

A faint thunder clap  
Even if the rain comes not  
I will be waiting  
- LANCE DEL PRADO

# BEDIKSYUMARYO



## 1. SPRAK

A word used to describe mental breakdown in the most Bedan way possible

e.g.

"Men, *sprak* na 'ko sa SHS."

"Kabisado ko naman yung formula kaso 'di ko naman alam kung pa'no gamitin kanina sa chapter test. Kaya yun, *sprak!*"

## 2. SPELL

Salitang ginagamit kapag ang isang mag-aaral ay gumamit ng hindi pangkaraniwang salita at ang kanyang kapwa kamag-aral ay pabirong pinababay-bay ito sa kanya.

e.g.

Jose: As students, we should be *fastidious* in the instructions given to us by our teachers.

Maria: Yes naman, big word. Sige nga, *spell!*

Jose: F-A-S....Bukas na yung iba.

## 3. LODI

Salitang mabubuo kapag binaliktad ang salitang "*idol*"; ginagamit nang may pauyam (sarcastic) na tono.

e.g.

"Uy, alam mo *lodi* ko talaga si Paulo eh, ang sipag talaga pumasok!"

## 4. HUSTLER

Tawag sa mga estudyanteng nakapagpapasa ng PT sa araw at oras ng mismong deadliest deadline.

e.g.

Mario: Bro, hanggang kailan nga ulit deadliest deadline ng PT sa 21st?

Luigi: Ngayon na pasahan ng PT man, hanggang 4:00 PM daw maghihintay si sir.

Mario: Edi mamayang 4 ko na 'to ipapasa, kaya ko 'to.

Luigi: *Hustler* ka talaga eh no.

## 5. OTHERS

Tawag sa mga kaibigang hindi maka-relate sa pinag-uusapan.

e.g.

Student 1: Uy! Nakakatuwa talaga yung nangyari sa LDP!

Student 2: Oo lalo na yung mga talk ni Kuya Dreb!

Student 3: Huh? Ano nangyari? Sino yun?

Student 1 and 2: *Others!!!*

Jalinong  
Bedista!

## 6. IPATOKHANG

Salitang ginagamit ng kasalukuyang SC President at Chief Marshal kapag may mga mag-aaral na hindi sumusunod sa mga alituntunin ng paaralan katulad ng proper civilian attire at proper school uniform.

e.g.

"Chief, may *ipapatokhang* ako sayo. Yung estudyanteng nakaupo doon malapit sa basurahan. Wala nanamang necktie."

## 7. WAGAS

Isang ekspresyong nagpapahayag ng matinding emosyon.

e.g.

"*Wagaaas!* Ang baba ng grado ko sa PolGov!"  
"May make-up classes daw tayo ng tatlong Sabado? *Wagas!*"

## 8. CHAROT

Isang paraan ng pagsasabi na biro lamang; iba pang maaaring katawagan ay char, charing, charet.

e.g.

Maria: Ang pogi mo na nga, ang talino mo pa, mahal na 'ata kita. *Charot!*

Juan: Ah, talaga ba? Kasi ako, mahal na talaga kita...

Maria: Weh?? Really ba?? Hala kinikilig ako!

Juan: *Chaaar.*

## 9. BAYABAS

Tawag sa taong nagpapakita ng kahit kaunting kayabangan.

e.g.

Kyle: Ang dali-dali ng 2nd quarter Physics ngayon!

Lin: *Bayabas* ka. Bagsak ka nga sa unang quiz eh.

## 10. POWER

Salitang sinasambit kapag may malupit na sinabi ang isang tao o kung may pangyayaring hindi inaasahan.

e.g.

Student 1: Uy ang pogi ko talaga.

Student 2: Pero pogi-squared pa rin ako.

Student 1 and 2: *Power!*

CHAROT!

POWER!

SPELL?

SPRAK!





Konti nalang mahahawakan ko na kamay ni crush



Bes, gawa sa karton yung pizza nila



Ummmmmm.....



Aww yeah!



Uy wag diyan, may kiliti ako diyan!



Guys, Fierce raw



Kaya ko pa ito... hold on lang!



Health Goals mo ay Wellness...



Mukha ba akong nahihya?



Gigil si aco, Don't me ha!



3+3= Gwiyomi



Laban Tayo Guys!



Enebe, istap using me. huhuhu



And iindayyyy will always love you



Anu raw?



Mga besh! Dito tayo uyy!



Gimme gimme gimme!!!

# PATH OF LEARNING: New Academic Year for Senior High

By: Justin Owen V. Mendoza



Summer is over! A new school year has started. Every student felt nervous yet excited to see their new classrooms, and meet their new classmates, old friends, subject teachers and adviser.

An opening program was held last June 15, 2017 at the Jarrow Hall. It started with a Prayer of Praise and Thanksgiving led by the Theology and Social Sciences area, followed by the singing of the Philippine National Anthem and reciting of the Vision-Mission Statement led by Daphne Mae M. Muyargas of 12-STEM 2 and Sherill Karen C. Japitana of 12-HUMSS respectively.

Fr. Paul Ma. De Vera, OSB then gave his blessing to the whole Senior High School Unit. The IBED principal, Mrs. Teresita T. Battad, delivered her inspirational and welcoming remarks to the students present in the said venue. Presentation of administrators, faculty and staff were spearheaded by Ms. Meliza Dennise M. Biniza who also emceed the whole event. Announcements and reminders were given by Mr. Carlo N. Gutierrez.

The program concluded with a closing prayer led by Maria Angela D. San Juan of 12-STEM 1 and the singing of the Bedan Hymn, by Denise Maye A. Lucero of 12-ABM 1.

Each school year is a fresh start to explore opportunities amidst all students, teachers, and staff personnel. Let us accept the challenges and



defeat. Don't forget to strive harder for success! Good luck to all SHS Students for Academic Year 2017-2018! Fighting!



Almighty Father,

**O**ur ever gracious and omnipotent God, the wonders, which you have created continuously astound us beyond ways. The love, which you embrace us with, is overwhelming for our humanly being. Hence, we are overjoyed and tremendously filled with gratitude.

We thank you, Lord, for the doors that closed for new ones to be opened. Wherein in those dark times, we almost gave up on our endeavors. Thank you, Almighty Father, for the failures and hardships that we had to face in order to reach the brighter side of our lives. Our trials and tribulations in life made us stronger, and made our victories even sweeter. We are thankful for giving us these challenges as these helped us build up and strengthen our faith in You.

There are times that we leave You in disappointment. With this prayer, we humbly ask Your forgiveness. We as earthly beings, we are often subject to temptation, and at some point, we are not able to resist. Thus, it is when we are most disconnected from You, God. We are sorry for the times that we failed to be humble and to lower our pride. For us to regain our connection to You, we humbled ourselves in the recognition of our past mistakes and shortcomings.

Guide us, Lord, to be humble in realizing our own potentials and achieving our dreams. Help us to fulfill the teachings of St. Benedict so that we may live a life rooted in humility and sincere devotion to God. May You give us strength and courage to face the circumstances in life regardless its difficulty. Help us learn to seek help and counsel for the problems that may come along the way.

Most especially, we pray for good governance in the Philippines that President Rodrigo Duterte will be able to achieve his aspirations for the nation. In line with this, we pray for the victims of Terrorism in Marawi, that they may find light in the midst of tragedy. We pray that the safety of each one of us is not compromised in any way. Despite the atrocities or tragedies, may we be strong enough to accept that everything has a purpose. May we learn to be resilient, and move forward to where God planned us to be.

These we ask You, through Christ, Our Lord.  
Amen.

RABM12004

# Prayer Writing Contest

*First Place*

by: Camille Jeanne F. Aquino  
12-ABM 1, St. Froilan

