



# The Little BEDAN

THE OFFICIAL PUBLICATION OF SAN BEDA UNIVERSITY ELEMENTARY LEVEL  
ACADEMIC YEAR 2018-2019 VOL. XIV Issue No. 1





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# EDITORIAL



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As we once stepped into our second home – San Beda University, we were embraced with the academic year theme: “Stewardship towards God’s Creation”. Stewardship – one of the Hallmarks of the Benedictine Education which the school inculcates to all Bedans. What does stewardship mean? Stewardship is a way to supervise or take charge of something very important like the one’s entrusted to us by God, His creations. In other words, it is simply caring for God’s creations.

How can we be a steward of God’s creation? There are many ways to be a steward of God’s creation. As pupils, we can do simple things but will make an impact to our environment. Do not litter, throw your trash into its proper place and learn to segregate trash.

Limit or avoid the use of plastics, support the straw less campaign. Do not waste papers. These things may seem to be simple but if we do it, we will make a difference.

The academic theme for this year is a call for every member of the community. With this theme, it reminds us to be the keepers of His creations. It allows us to discover our purpose as students not only as driven learners, but also as faithful stewards of the Lord’s masterpiece. Let us all be stewards of God’s creation. We are all responsible in taking care our environment. If we act together, we can ensure that we can restore and protect our environment. It’s not yet too late for us, together, let us be faithful stewards of God’s creation and we will make a BIG difference.



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INTEGRATED BASIC EDUCATION DEPARTMENT

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Academic Year 2018-2019



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TECHNOLOGY AND LIVELIHOOD  
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Johnny C. Rivera  
PHYSICAL EDUCATION



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K-12 ST. ANSGAR



**Lotus M. Peco**  
GRADE 1-11 ST. AELRED



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GRADE 2-12 ST. ADALBERT



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GRADE 2-13 ST. BENEDICT of ANIANE



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GRADE 3-11 ST. GUIDO of AREZZO



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**Gregoria D. Caasi**  
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**Gicel L. Valdez**  
GRADE 6-13, ST. MAURUS



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**Arrianne Gumpal**  
ARALING PANLIPUNAN TEACHER



**Juegene R. Cafe**  
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**Kathryn April S. Aguilar**  
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ENGLISH TEACHER



**Jenny E. Mangaporo**  
ENGLISH TEACHER



**Jeffrey L. Mataverde**  
ENGLISH TEACHER



**Johna Nornina R. Chan**  
FILIPINO TEACHER



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**John Michael G. Gernale**  
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HELE TEACHER



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ICT TEACHER



**Shaira Nicole D. Pelaez**  
MANDARIN TEACHER



**Octwen Jade S. Cabilan**  
MUSIC TEACHER



**John V. Crisostomo**  
MUSIC TEACHER

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**Eloisa C. Cesumission**  
GRADES 2 and 4



**Joy R. Ignacio**  
KINDER 11, GRADES 3 and 6



**Triana Maye Z. Zamora**  
KINDER 12, GRADES 1 and 5

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**Lenelyn I. Ortigas**  
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**Mary Louvette K. Yee**  
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## Office Staff



**Grace V. Dizon**  
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KINDER, GRADES 1-3



**Grant S. Cabrera**  
SECRETARY  
GRADES 4-6



**Nelson D. Campos**  
SECRETARY  
VICE PRINCIPAL



# Message from the Rector-President

Greetings!

Making a choice is a critical phase in life. If you make good choices, you can blossom and set yourself up for success later in life.

To our beloved pupils and students, I warmly and deeply thank you for making the Integrated Basic Education Department of San Beda University your best choice to assist you in honing your God-given talents and in molding your personhood as capable, responsible and God-fearing individuals.

To all our parent-stakeholders, thank you for entrusting your children to our care. I always believe that our relationship is extremely vital in creating and maintaining a positive and safe school culture and climate. It is therefore imperative that we are on the same team in raising our children to achieve excellence in all aspects of learning, with great emphasis on character formation. Mutual and sincere collaboration is a must in this partnership. In this way, we become faithful stewards to our children, the best of God's creation.

Welcome back to all our returning pupils and students. Your responsibility now includes nurturing, guiding and supporting all incoming pupils and students of San Beda family. I am confident that you will inspire all new members of the institution to embrace wholeheartedly the hallmarks of St. Benedict and the ideals of St Bede, by helping us create a thoughtful and supportive school community.

I wish you all a productive, successful and meaningful school year 2018-2019!

Animo San Beda!

*Aloysius Ma. A. Maranan*

Rev. Fr. Aloysius Ma. A. Maranan, OSB  
Rector-President



# Message from the Vice-Rector and Chaplain

His Holiness Pope Francis in his Encyclical Letter “LAUDATO SI, MI’ SIGNORE” – “Praise Be to you, my Lord” laments to us because of the serious harm we have inflicted to our common home, our mother and sister, namely, our beautiful “Earth.”

We plunder our planet earth at will. We do violence in the soil, in the water, in the air and in all forms of life.

His Holiness reminds us that “our very bodies are made up of her elements, we breathe her air and we receive life and refreshment from her waters.”

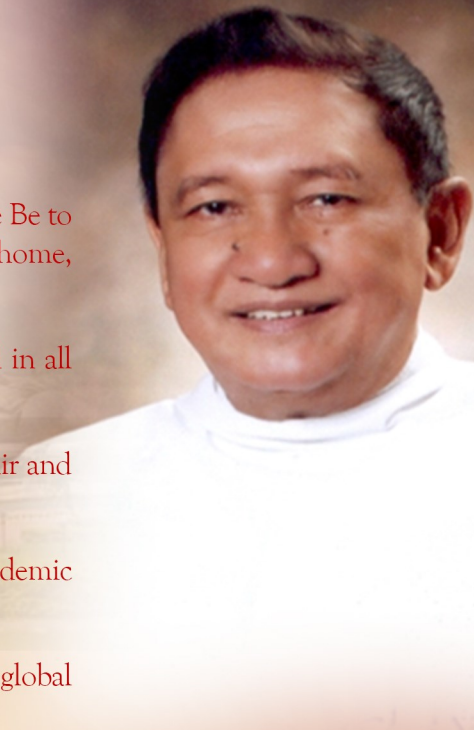
Thus it is very appropriate and very opportune time San Beda University has adopted this Academic Year 2018 – 2019 the theme “STEWARDSHIP TOWARDS GOD’S CREATION.”

There’s now an urgent call to care for the earth and taking concrete steps to save the global degradation of planet earth.

*Fr. Paul Ma De Vera, OSB*

Fr. Paul Ma. De Vera, OSB

Vice-Rector and Chaplain



## Message from the Vice Principal and Prefect of Academic Affairs

Greetings of Love, Joy and Peace!

As we welcome you parents, guardians, new teachers, staff and pupils in this Catholic Benedictine Educational Institution, San Beda University, we give thanks to the loving and merciful God for this Academic Year 2018-2019.

It is my fervent prayer that all of us in this community will intensify our commitment to the vision-mission, philosophy, goals, objectives and the hallmarks of Benedictine Education of this university.

Education forms the human person and is a very significant aspect in one’s life, especially to students who need to learn, discover, explore and achieve new things and ideas as they grow and mature in life.

Education gives equal importance to academic excellence and character formation. It integrates faith, knowledge and virtue as we pursue peace in ourselves, in our family, in our community, in our society and in the world.

Now that we are a university, it is a big challenge for us, administrators, faculty, staff, parents and students to manifest the demands of being a university.

With the grace, guidance and help of our loving and merciful God, I believe that we can do it as one family and community as long as we live the vision-mission, philosophy, goals, objectives and the hallmarks of Benedictine Education.

THAT IN ALL THINGS GOD MAY BE GLORIFIED

*Mr. Eduardo O. Casilla*

Mr. Eduardo O. Casilla

Vice Principal and Prefect of Academic Affairs





# Message from the Principal

My dear IBED Bedan family,

As we open the new Academic Year, AY 2018-2019, we praise and thank the Almighty Father for bringing us together as one BEDAN Family in the Integrated Basic Education Department of San Beda University.

While we all take pride of San Beda University, we join the whole Bedan community in pursuing Academic Excellence, Quality and Relevant Research, High Involvement in Extension Services, External Linkages and Efficient Student Services.

Furthermore , we push together our dream towards the integral Christian formation of every member of the IBED Family and the BEDAN community as well.

Let us join the university in the journey to growth and transformation. In particular, we call each one to focus more relentlessly toward one direction to the fulfillment of the IBED major tasks this Academic Year such as the following:

- A. The continuous alignment of all Academic and Co-curricular Programs and Activities with the school's VISION-MISSION, goals, objectives and the 10 Hallmarks of Benedictine Education;
- B. The preparation of the upcoming PAASCU resurvey of the department
- C. The active participation of every member on nurturing the environment to realize the AY 2018-2019 Theme : "Stewardship Towards God's Creation";
- D. The continuous and effective implementation of the K to 12 Program to all grade levels.

We hope and pray for the realization of these major tasks as we strive to become fully human, wholly Christian, truly Filipino and globally competitive.

To the students who were with us last year, welcome back to your second home. To the new students, thank you for choosing San Beda University as your second home.

That in all things, God may be glorified!



Teresita T. Battad  
Principal



# ROAR

## for New

# BEDAN

## Educators



### Delanie Marie M. De Guzman

Philippine Normal University | Ateneo de Manila University  
Assistant Prefect of Discipline *Kinder to Grade 3*

The Bedan community exemplifies a high degree of camaraderie and shared values. Likewise, it's a community that instills and practices the Benedictine way of life that leads to the holistic development of all its members. Moreover, it is a sanctuary because the community sees to it that all members are being cherished and nurtured.

The best part of being a Bedan administrator is that I shall have the opportunities to make profound and meaningful contributions, serve, grow, and learn best from each of the member.



### Octwen Jade S. Cabilan

University of Sto. Tomas  
Music Teacher

I find the Bedan community so passionate in applying Christian Values in educating their students and people are so approachable and quite easy to be with.

The best part of being a Bedan Faculty is the fact that I am already part of a community that educates students with passion and values.



### Juegene R. Café

Maryhill School of Theology  
Christian Living Teacher

The community is hospitable and approachable.

To see students growing as responsible persons. At the same time, when I see myself growing in this profession.





## Shaira Nicole D. Dela Cruz

Polytechnic University of the Philippines  
Mandarin Teacher

Passion in educating the children and the youth while forming their spiritual values and discipline is the most important thing that I have discovered and learned from the Bedan community.

Being in a Catholic community helps me to develop my spiritual growth and strengthen my faith.



## Johna Nornina R. Chan

Philippine Normal University  
Filipino Teacher

San Beda University is very passionate about their goals and objectives. The campus is very organized in terms of teaching, activities and others.

One of the best part of being a Bedan teacher is the training and cooperation of every sectors in school.



## Ma. Jasephine M. Cayabyab

Philippine Normal University  
Science Teacher

I can say that the community is doing its best to inculcate the Benedictine core values in all aspects of life. The whole community presents a very strong faith in God.

The best part of being a Bedan faculty is being involved in Eucharistic activities together with the students.



## Jeffrey L. Mataverde

University of Rizal System-Morong Campus  
English Teacher

Bedan community opens its cores and hearts to welcome new members - students and teachers who will share and contribute to its progress.

The best part of being a Bedan faculty is having the chance to share experiences to others and be entitled to listen to others' experiences too.



# SAN BEDA COLLEGE gains University Status

by: Mrs. Sheryll Ann S. Gabilo

On February 6, 2018, the Commission on Higher Education (CHED) under the Memorandum Order No. 46, Series 2012 granted San Beda College its university status. This remarkable event was the result of the hard work and prayer of the administrators, faculty and staff through the leadership of Rev. Fr. Aloysius Ma. A. Maranan of the Order of Saint Benedict (OSB), Rector - President.

In celebration to this significant event, the Bedan community gathered at the Integrated Basic Education (IBED) Gymnasium to participate the Thanksgiving Mass presided by Rev. Fr. Paul Ma. De Vera, OSB, Chaplain and Vice Rector. A commemorative program followed after the Holy Mass where the members of the Bedan community recited together the Vision- Mission Statement as a university.

Attaining a university status encompasses challenges, more responsibilities and demands to uphold high standard and quality education. Through the 10- Year Strategic Vision 2018-2028 and Five - Year Development Plan 2018-2023, San Beda is prepared to accept the challenges. San Beda University will keep on fulfilling its mission – an exemplary Catholic education.







## The Seal of San Beda University

The upper section of the coat of arms indicates our Benedictine roots. The word PAX (Latin for peace) is combined with mountains (Montserrat, Spain) and a cross with two horizontal beams. The two horizontal beams declare that "I will carry another's cross".

The middle section stands for the educational nature of our organization. The two doves represent the students drinking from the fountain of knowledge, San Beda University.

The bottom section contains a tower and sea-lion (half lion – half dolphin), the original heraldic symbols for the city of Manila, where San Beda was founded in 1901.

The shield itself is a symbol for protection, especially when used in a phalanx. The motto of the university is inscribed on the scroll below the shield: Fides (faith), Scientia (knowledge), Virtus (virtue).

The name of the university is contained in a circular band that evokes wholeness and timelessness. The color red proclaims bravery. White stands for purity.



# *The 10 Hallmarks of* **BENEDICTINE EDUCATION**

In 2007, Benedictine educators collaborated and distilled from The Rule of St. Benedict ten core values of transformative importance that ought to animate Benedictine institutions of learning. The resulting collection of ten core values – love, prayer, stability, conversatio, obedience, discipline, humility, stewardship, hospitality, community - was endorsed by the Association of Benedictine Colleges and Universities.

## **LOVE of Christ and neighbor**

It is this love that impels us in all that we do. It is love that makes us recognize each other and the community beyond San Beda University as an integral part of the human family.

## **PRAYER: a life marked by liturgy, lectio and mindfulness**

The Abbatial Church is the center of San Beda University. From it the institution draws strength and takes its bearings. We are a reflective and active community. In all that we study, the institution returns to the Sacred Page to find in everything pointers to the Divine, signals of transcendence.

## **STABILITY: Commitment to the daily life of this place, its heritage and traditions**

San Beda University is truly Filipino and consecrates itself to the flourishing of the nation. Students begin to serve the nation while they are continuously equipped to meet the challenges of the world.

## **CONVERSATIO: The way of formation and transformation**

San Beda University responds meaningfully and in timely manner by listening to the cries of the poor and heeding the signs of the times.

## **OBEDIENCE: A commitment to listening and consequent action**

San Beda University contributes to a well ordered society and to fidelity to the Constitution of the Republic and its laws, as well as to the precepts of the Church. It prepares its students to engage in dialogue, the principal requirements of which is the willingness to listen.

## **DISCIPLINE: A way toward learning and freedom**

The discipline calls for both intellectual and personal discipline. San Beda University forms students to be disciplined. And to hearken to discipline. It is the discipline that provides the fertile ground for freedom and wisdom.

## **HUMILITY: Knowledge of self in relation to God, to others and creation**

San Beda University teaches student that wisdom begins with humility – that recognition of the basic indigence of the human condition. The humility that the University fosters is complete dependence on God who will always remain faithful

## **STEWARDSHIP: Responsible use of creation, culture and arts**

San Beda University emphasizes to its students to be responsible: responsible for others, responsible in the use of the resources of earth, and recognizing in faith that everything comes from the benevolence of God.

## **HOSPITALITY: Openness to the other**

San Beda University will always be welcoming, seeking ways to make others feel being part of the community, demonstrating empathy, and being open to diversity.

## **COMMUNITY: Call to serve the common good.**

San Beda University is and will always be responsive to the demands good of all, setting as a priority at all times the just and equitable sharing of all in the richness with which God has touched our world.



# Benedictine Hallmark

for the

## Month of June

# HOSPITALITY

Lifted from *The Ten Hallmarks of Benedictine Education*, by the Benedictine Mission and Identity Office

St. Benedict sees Christ present within the monastery in Scripture and liturgy, and in the person of the abbot/prioress, the sick, and each of the members of the monastic community. However, St. Benedict accords special attention to Christ's unexpected arrival from outside in the person of the guest, whom he describes alternately as poor and as a stranger. Christ presents himself in the outsider's vulnerability and calls the monastic to put aside individual plans and pre-occupations in order to let the unexpected person in, to help her get established, to respond to his most pressing needs. And when the outsider comes to experience being "at home" in this new place, for however brief the stay, the monastic discovers new awareness of the common journey in which all are engaged. A blessing accompanies both the offering and the receiving of hospitality.

Within Benedictine educational institutions, we strive to extend hospitality to each member of the educational community, especially to those new to the community and/or coming from other traditions. More broadly, we seek to cultivate curricular and co-curricular ways to recognize the needs and call forth the talents and gifts of persons of differing capacities and dispositions, of diverse races, cultures and backgrounds.

The educational community that can result breaks down any residual sense of insiders versus outsiders and manifests an openness to being transformed by engaging deeply with the other – be it an idea, a person or an experience.

For several decades since its founding, San Beda was an exclusive school for males. San Beda has since evolved into a community with members of a diverse background. With a disinterested attitude toward race, culture, gender, and socio-economic status, San Beda College is well poised to adopt an ecumenical outlook because it can draw from the monks' tradition that antedates both the Great Schism (with the Eastern Church) and the Protestant Reformation. The communal praying of the Psalms, for example, was practiced before the rise of various other types of devotions. Bedans heed the reminder of the The Rule to be especially concerned with the marginalized – poor, sick, young, old, stranger. Mindful of the necessary period of adjustment for new students, all colleges take care that they are integrated into the Bedan community.





# ORIENTATION FOR THE KINDER NEW PARENTS

An orientation for the Kinder new parents was held at Learning Resource Center on June 13, 2018. The program was spearheaded by guidance office in cooperation of the Office of the Prefect of Students Affairs (OPSA).

Through this program, the parents were familiarized with the vision-mission statement, philosophy and objectives of the school and the hallmarks of the Benedictine Education. Representatives from different units explained the school policies and different services they offer. Members of the administrators, faculty and staff were also introduced. An open forum was held at the end of the program.



## Kinder-Pupils Classroom Encounter

By: Ms. Cazzandra S. Ponce

San Beda University annually holds an "Open House" for Kindergarten pupils before the academic year officially starts. The purpose of this activity is to let the pupils be familiarized with their teachers, classmates, and the school and make them comfortable with their new environment on the first day.

This year, the open house was held on Saturday, June 16, 2018. The activity started with a brief orientation of the people they need to remember, and the rules that they need to abide. It was followed by a storytelling session of the story Llama, Llama Misses Mama by Anna Dewdney. Then, an art activity was done.

The pupils enjoyed coloring the Llama headdress and immediately wore their headdresses! Snacks were served by the canteen staff. After recess, the guidance counselors led the Kindergarten pupils to their campus tour. They all seem to enjoy strolling around the campus. They were all excited to go home with their loot bags as a reward for a job well done.





# Oryentasyon: Tulay ng Komunikasyon

Ni: Bb. Mary Joy M. Agana

Kailangan nating malaman upang lubos nating maunawaan. Muling pinatunayan ng buong komunidad ng Unibersidad ng San Beda ang pagiging bukas at kabutihan sa pagtanggap ng mga bisita noong nagdaang Hunyo 16 ng kasalukuyang taon. Naganap sa araw na ito ang Oryentasyon para sa mga magulang ng mga bagong mag-aaral mula unang baitang hanggang ikaanim na baitang.

Layunin ng gawaing itong pormal na ipakilala ang Unibersidad ng San Beda at ang lahat ng mga bumubuo rito sa lahat ng mga magulang upang lubos nilang maunawaan kung paano nagaganap ang proseso ng pagtuturo at pagkatuto sa loob ng pamantasan. Lahat ng salik ay ipinaliwanag nang wasto sa mga magulang mula sa proseso, alituntunin, akademikong pangangailangan, mga Aral-Benediktino, Bisyon-Misyon ng pamantasan hanggang sa pinakamaliit na salik ay naibahagi sa mga magulang.



Nagkaroon din ng pagkakataon ang mga magulang na magtanong sa mga administrador, guro at mga kawani patungkol sa mga bagay na hindi gaanong naunawaan. Sa tulong ng bahaging ito ng programa, nagkaroon ng linaw ang lahat ng detalye para sa kabutihan ng mga mag-aaral.

Ang ganitong mga gawain ay tunay na nagpapakitang lubos na bukas ang komunikasyon sa pagitan ng mga magulang at lahat ng bumubuo sa pamantasan. Sa pagtatapos ng gawaing ito, tunay na makikitang handa na ang bawat isa sa muling pagbubukas ng panibagong akademikong taon. Maaring maraming suliranin ang kaakibat ng akademikong taong ito ngunit alam ng bawat isang mapapagtagumpayan ang lahat ng ito sa tulong ng bukas na komunikasyon. Ayon nga sa isang salawikain, walang hindi nadadaan sa mabuting usapan.

## ORIENTATION for New Pupils

By: Ms. Sheryll Ann S. Gabilo

An orientation for the new pupils from Grades 1 to 2 was held last June 21 and June 22, 2018 for the new pupils from Grades 3 to 6 at the Learning Resource Center. The program was organized by guidance office to assist the Integrated Basic Education administrators and teachers in welcoming the new pupils.

The vision-mission statement, philosophy and objectives of the school and the hallmarks of the Benedictine Education were explained to the new pupils.

They were also familiarized with the rules and regulations of the school and the facilities and services available. The administrators, faculty and staff were also introduced. Games and different activities were prepared to make them feel welcome in the Bedan community. A campus tour concluded the program.





# FIRST GENERAL ASSEMBLY

Pupils from grades 1 to 6 were gathered at the Jarrow Hall for the first general assembly for the academic year 2018-2019 last June 18, 2018. During this program, Mrs. Teresita T. Battad, Principal of the Integrated Basic Education together with Mr. Eduardo O. Casilla, Grade School Vice Principal and Prefect of Academic Affairs, welcomed the new pupils. The administrators, faculty and staff for this academic year were also introduced.

Mr. Rodney G. Collera, Prefect of Student Affairs discussed the school rules, regulations and procedures to remind the old pupils and to inform the new ones. The program ended with the blessing of Rev. Fr. Paul Ma. De Vera, our university Chaplain and Vice-Rector.







PHOTO BY: JOSHUA ESPINOZA,  
San Beda Red Lens

Hunyo 21, 2018 - araw na inilaan para sa pagdiriwang ng Feast Day ng nag-iisang Father-Rector ng Unibersidad ng San Beda, Fr. Aloysius Ma. A. Maranan, OSB. Sinimulan ang pagdiriwang sa isang misa sa pangunguna rin ng nagdiriwang kaniyang Feast Day kasama si Fr. Paul Ma. De Vera, OSB sa IBED gymnasium.

Ito ang unang misang ginanap sa unibersidad para sa akademikong taong 2018-2019. Kung kaya ginamit na rin ito ng ating Father-Rector para salubungin ang mga dating mag-aaral lalo na ang mga bagong mag-aaral ng unibersidad. Tunay na makikitang may saya sa bawat mukha ng mga mag-aaral.

Sa pagkakataong ito, pinagbigkas ni Father-Rector ang bawat baitang ng Vision-Mission ng unibersidad. Ayon din kay Father, na sa lahat ng gagawin sa buong taon, huwag na huwag kalilimutan ang panalangin, dahil ito ang dapat maging pinakapuso at pinakasentro ng buhay ng bawat Bedista. Ayon nga sa kanya, The Bedans that pray together, stay together. Magiging maayos ang daloy ng buhay, kung manalangin nang taos-puso ang bawat Bedista.

Pagkatapos ng misa, sinundan ito ng maikling programa alay para kay Fr. Aloy. Nagpakitang-gilas ang iba't ibang yunit mula elementarya hanggang sa Senior High School. Naghandog din ng mga simpleng regalo ang mga yunit para sa kaniya. Tunay ngang naging masaya ang araw na ito hindi lamang para kay Fr. Aloy maging sa bawat bumubuo ng komunidad. Kay sarap sa pakiramdam na maipakita ang pagmamahal sa isang taong nangunguna sa unibersidad.

## Mga Araw ng Selebrasyon para sa mga Paring Mahal ng Buong Institusyon

Ni: Bb. Mary Joy M. Agana

Makikita mo sya saanmang lugar sa Unibersidad ng San Beda sa Taytay. Handang batiin ang lahat ng nakasasalubong nya, administrador, guro, kawani, maging mga mag-aaral. Kalmado, payapa mga bagay na mararamdaman mo tuwing kausap mo sya. Kaya naman sa lahat ng ito, ibinalik ng komunidad ng San Beda ang pagmamahal para sa isang paring patuloy na nag-aalay ng kaniyang buhay at pag-ibig.

Ipinagdiwang ang Feast Day ni Fr. Paul Ma. De Vera, OSB noong nagdaang Hunyo 29, 2018 sa IBED Auditorium. Sinimulan ang araw na ito ng isang misa sa pangunguna rin ni Fr. Paul, OSB. Ang misa ay dinaluhan ng iba't ibang lider-estudyante mula sa tatlong yunit, mga lider ng school services, mga bagong halal na Faculty Club Officers, at mga administrador. Kaya naman kinuha rin ni Fr. Paul ang pagkakataong ito upang paalalahanan ang bawat dumalo tungkol sa mga bagay na dapat ikonsidera sa pagiging isang pinuno. Isang paalala mula sa isang tumatayong ama para sa kaniyang mga anak.

Pagkatapos ng misa, sinundan ito ng isang maikling programa handog sa paring iniaalay nang buo ang kaniyang sarili para sa buong komunidad. Mababanaag ang kasiyahan, paggalang, at pagmamahalan sa mga taong dumalo sa programa. Tunay ngang kaysarap mag-alay ng simpleng mga bagay para sa tunay mong minamahal.

Tunay ngang ang komunidad ng San Beda ay mananatiling pamilya anoman ang dinaranas, sa kasiyahan man o sa hirap, sa tuwa man o sa lungkot, sa kasaganahan man o kahirapan. Mananatiling mapagmahal ang isang Bedista, lalo na sa taong hinding hindi nagsasawang ibigin ang komunidad na ito tulad na lang ng paring gaya ni Fr. Paul.





# Dear Little BEDAN

**Dear Little Bedan,**

Every year, we look forward to what section we belong and our new set of classmates. We may be schoolmates but just like new pupils, we also adjust with our new set of classmates. How can I be a good friend to my classmates?

*Mal of 5-14 Saint Bede*

Hi Mal,

Everyone is always excited to meet his/her classmates on the first day of school. Thinking how to be a good friend to your new set of classmates is already a gesture that you are willing to be a good classmate and a friend to everyone. Start a conversation and show that you are happy to have them as your classmates. Make them feel you are interested to know them more. Always show respect and be kind to everyone. Simple act makes a big difference, start it with you!

**Dear Little Bedan,**

Magandang araw sa inyo. Nasa ikalimang taon na ko sa elementary, masaya ako ngunit malungkot din. Halos lahat ng aking kaibigan noong nakaraang taon ay nasa ibang seksyon, ako nga lang ang nahawalay. Ang inaalala ko ay sobrang mahiyain ako kaya palagay ko'y mahihirapan akong makipagkaibigan sa mga bagong kaklase. Ano kaya ang maari kong gawin?

*Bb. Mahiyain ng 5-11 St. Caedmon*

Magandang araw sa iyo Bb. Mahiyain. Mula sa iyong pagtatago ng iyong pangalan ay mukhang nailalarawan na kita sa aking isipan. Alam kong hindi lang ikaw ang nakararanas ng ganyang pakiramdam. Maari kang magsimula sa iyong sarili, dahil sabi nga ng nakararami, ang pagtanggap sa atin ng ibang tao ay kinakailangang magsimula sa iyong sarili. Kapag natanggap mo ang sarili mo, tatanggapin ka na rin ng ibang tao. Laging isaisip na tayo ay nasa Unibersidad ng San Beda at bahagi ng pagiging kabahagi natin sa pamantasan ay ang mabuting pagtanggap sa bisita man, sa bago mang kamag-aral, maging sa ating mga sarili. Kaya ano pang hinihintay mo, makipag-usap, makibahagi, makiisa, at lubos na magiging mabuti kang kaibigan sa lahat.

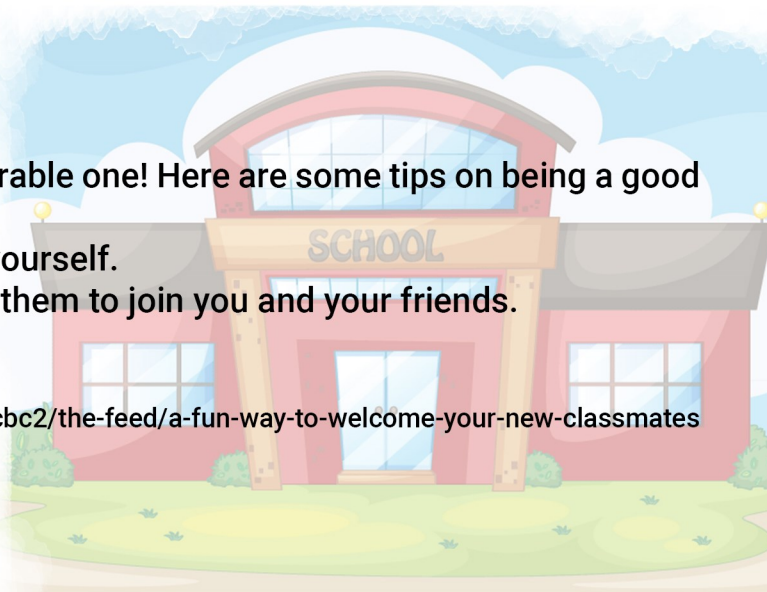
## How to... How to welcome new classmates?

**A fun way to welcome new classmates**

Let's help make their first week in school a memorable one! Here are some tips on being a good classmate and a friend:

1. Say 'hi' to your new classmate and introduce yourself.
2. If you see them playing alone at recess, invite them to join you and your friends.
3. Don't forget a smile goes a long way!

Source: <http://www.cbc.ca/kidscbc2/the-feed/a-fun-way-to-welcome-your-new-classmates>





# The Little BEDAN

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# CAMPUS



**Take a break.** The registration committee while waiting for the other parents.



**Bow your heads.** Ms. Kathryn April S. Aguilar leading the prayer during the Orientation.



**Success.** The administrators, faculty, and guidance facilitators for Kinder after the orientation program for new parents of Kinder pupils last June 13, 2018 at the Learning Resource Center.



**Welcome New Parents.** The parents of the new pupils from Grade 1 to 6 who attended the orientation program.



**Mr. Eduardo O. Casilla**, Grade School Vice Principal and Prefect of Academic Affairs explaining the academic policies during the orientation for new parents last June 16, 2018 at the Integrated Basic Education Auditorium.



**Dom Pedro Ma. Cruz, OSB** discussing the history of the Benedictines, Vision-Mission, Philosophy and Objectives and Benedictine Hallmarks.



# SNAPSHOTS



**Artwork.** Coloring their Llama headdresses after hearing the story of Llama, Llama Misses Mama by Anna Dewdney.



**Great work.** The Kindergarten pupils posing with their Llama headdresses during the Kindergarten soft opening on Saturday, June 18, 2018.



The Grade School pupils on their way to the Jarrow Hall for the First General Assembly.



**Mrs. Teresita T. Battad**, IBED Principal expressing her warm welcome to the new members of the Grade School unit during the First General Assembly at the Jarrow Hall on Monday, June 18.



**Fr. Paul Ma. De Vera, OSB** giving his final blessing to the Bedan community during the first general assembly.



**Bow your heads.** The Bedan pupils while waiting for the final blessing of the Vice Rector and School Chaplain





# BRAIN WORKOUT

## Bugtang

Kay lapit na sa mata, di  
mo pa makita

---

Dalawang batong itim,  
malayo ang nararating

---

Naabot na ng kamay,  
ipinagawa pa sa tulay

---

Munting hayop na  
pangahas, aligid-aligid sa  
ningas

---

Hindi tao, hindi hayop,  
kung uminom ay  
salup-salop

---

## Riddles

I am found in the sea and on land but I  
do not walk or swim, I travel by foot but  
I am toeless. No matter where I go I'm  
never far from home. Who am I?

---

I don't have lungs or a chest but I need  
air; I am not alive, but I grow; I don't  
have a mouth and I don't like water.  
What am I?

---

I have keys but no doors. I have space  
but no rooms, I allow you to enter but  
you are never able to leave. What am I?

---

I have wings, I am able to fly, I'm not a  
bird yet I soar high in the sky.  
What am I?

---

It starts out tall, but the longer it  
stands, the shorter it grows.  
What is it?

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